



# Teachers' Day

Nikith Gogana, Grade I-C

Teachers are great sources of knowledge, prosperity and enlightenment to which anyone can benefit for their whole life. They serve as the real light in everyone's life as they help students to make their ways in life. They are the God-gifted people in everyone's life who lead us towards success without any selfishness. Really, we can call them as builders of the dazzling future of our nation through education. They help students to get sure about their goals of education through clear vision and ideas. Without teachers in life one cannot grow mentally, socially and intellectually. On this Teacher's Day, I wish all my teachers a very Happy Teacher's Day.



# Back to School

Arihan Roy, Grade II-I

We are back to school now,  
Lots of reasons to say “Wow”!  
Interesting activities that await us,  
Meeting friends again to create lots of ruckus!  
Teachers are always with you,  
Teamwork will get us through.  
Remember to be your best,  
And learn with all your zest!



# Back to School

Aarush Raman Kumar, Grade I-F

Summer is over, school has begun.  
Time for work and Time for fun  
I like to hear the school bell ring.  
And the morning songs which we sing.  
I will find my desk with my name.  
And enjoy the studies and the games.  
Our teachers are very cool.  
Oh! We are back to school.



# A Tribute to Teachers

Ishanee Bose, Grade IX-C

Teachers are our 'Gurus'  
They are so like our parents.  
They support us even if we lose  
And are always so calm and patient.  
We can always open up to them  
And trust them to keep our secrets safe  
They are one of a kind, they are a gem  
They work and work for our sake.  
They have been our guiding light  
Through times of dark and bright  
And even in difficult times  
They have taught us how to fight.  
Now it's time to tell aloud  
We love you, dear teacher  
You are the magician of our lives  
You help us build our future.



# Teachers' Day

Jonathan Bhattarai, Grade I-E



Teacher's Day is very special for teachers and students. Teacher's Day is celebrated on 5th September, every year in India and World Teacher's Day is celebrated on 5th October every year. The teacher teaches students everything they need to know. They play an important role in every student's life. Teachers are heroes with knowledge and understanding. Teacher's Day is an expression of gratitude towards respected teachers. I love my respected teachers and my school.

## Thank You!

Thank you teachers for shaping my mind  
Teaching me to be humble and very kind,  
Thank you teachers for your guidance and love  
Supporting me to grow all above,  
Thank you teachers for being there  
You are my expertise with knowledge and care  
I am blessed to have my teachers  
And I thank God with my prayers.



# My Teacher, My Inspiration



Karmanpreet Singh, Grade I-B

Once upon a time, when I was in grade 1, I had a wonderful teacher named Mrs. Asha. She was like a bright star in my life. Mrs. Asha always made learning so much fun. She told us exciting stories and made us laugh every day.

One special day, she told us about the magic of books. She read us a story that transported us to far-off lands, and from that moment, I fell in love with reading. Mrs. Asha encouraged me to read more and more books, and she always had a smile on her face when I shared my favorite stories with her.

She taught me that learning is an adventure, and I could achieve anything if I worked hard. Mrs. Asha's kindness and passion for teaching inspired me to become a better student. She will always be my favorite teacher, and I am grateful for the inspiration she gave me in grade 1.



# A Tribute to Teachers

Sameeha Hisam, Grade I-H

My early mornings became bright,  
When she welcomes me with a smile and hugs me tight,  
How she knows so many subjects, blows my mind,  
Even when we all are rowdy, she is kind,  
Music, Art, PE makes my day so much fun,  
She takes us to excursions where we play and run,  
She makes me love going to school,  
My lovely teachers, you are so cool.





# My Back-to-School Excitement

Going back to school is nothing less than a festival celebrated by the kids and parent communities around the globe. The excitement of going back to school is infectious and fills every household with kids embarking on a new venture. From the perspective of KG-2 students' mothers, the back-to-school season is a delightful rush of emotions.

Firstly, there is the pride of witnessing kids' progress and development. KG-2 is an achievement, and I cannot contend with how much my little one (Syed Hamdan) has

Seeing the glitter in his eyes while we shop, I thought it was safe to say that it is the most important ritual of the fest. But, surprisingly when I asked Hamdan what is he most excited about? he said, "I can't wait to see my friends, learn new things, play on the slide and in the green bus during playtime, listen to new stories, spend time in the kitchen play area and to perform new activities with my friends!" He did not include his new stationery, which made me realize the thing which makes a student excited to go back to school is the pleasant environment at the school.

learned and cultivated since KG-1. Every day looks like a new adventure, with new words, new peers, and new discoveries. The passion to learn is so evident, and it warms my heart.

Then, there is an unbeatable feeling of shopping for school supplies: bags, lunch boxes, bottles, pouches, and the list goes on.

As they say "journey of a thousand miles begins with a single step," and for our little ones, that first step begins in kindergarten. Let's ensure it's a step in the right direction, filled with love, encouragement, and boundless opportunities for growth.



# New Things I Learned During My Summer Vacation

Summer vacation is a special time when we have a break from school and get to learn new things in different ways. As a KG2 student, I had a fun-filled summer vacation and learned many exciting things that I would like to share with you.

## Exploring Nature:

During my summer break, I spent a lot of time outdoors exploring nature. I learned about different types of flowers, plants, and trees. I discovered the lifecycle of a butterfly and got to see it up close. I also learned about the importance of taking care of our environment and how to plant seeds.

## Art and Crafts:

I discovered my love for art and crafts during the summer break. I enjoyed painting, colouring, and making collages with different materials. I learned how to use different colors, shapes, and textures to create beautiful artwork.

## Reading and Storytelling:

I spent a lot of time reading books and listening to stories. It helped me improve my vocabulary, imagination, and listening skills. I learned about different animals, places, and adventures through books and stories.

In conclusion, Summer vacation is a wonderful time to explore new things and learn in a fun way. As a KG2 student, I learned about nature, art, and storytelling during my break. I am excited to share my new knowledge with my friends and continue learning and growing every day.

Bhavayami Rakesh Nair



# International Literacy Day

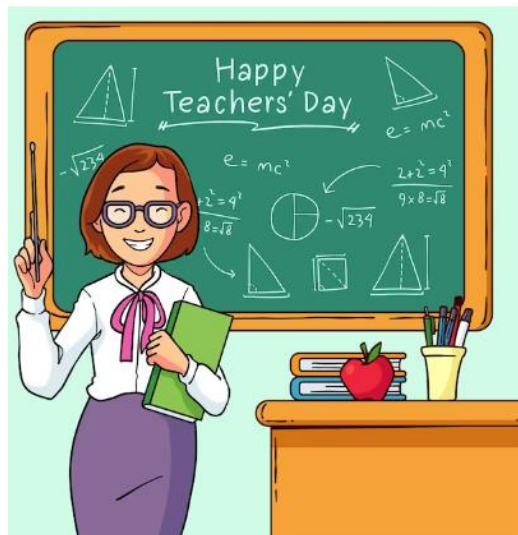
Anish Verma, IV-E

International Literacy Day, observed on September 8th, raises global awareness about the significance of literacy. It emphasizes that literacy is a fundamental human right and a catalyst for personal growth, community development, and economic progress. This day encourages efforts to eradicate illiteracy and promote lifelong learning opportunities for all.

## Teachers' Day

Carolyn Jemy, IV-H

There are people in this world who care more about others than themselves. Those people are none other than our teachers. There is one special day that we can appreciate those hardworking, amazing teachers and that day is September 5th, Teachers Day! On this day we express our love and appreciation to our stunning teachers who work day and night! So on teacher's day, we should respect these great role models!



## My Back-to-School Excitement

Aradhya Mehta, IV-D

One of my favourite seasons in the school year is: Back to school. School is the best being with your friends, your teachers and everyone is just amazing. Friends are our second siblings and teachers are second mothers they cheer me up and support me. In the summer break, I missed my morning routine, going to school by bus, meeting my friends and learning from my teachers. Before I come to school, I do the most important thing **BACK TO SCHOOL SHOPPING SPREE!** I buy a new bag, a new pencil case, new colours and new books. I love shopping spree but what I like more is going back to school.

# How a Teacher Inspired Me

Siddhant Sinha, IV-K

Throughout my academic journey, several teachers have left an indelible mark on my life. Teachers' passion for knowledge is infectious, and their innovative teaching methods make every lesson engaging.

Teachers encourage us to explore the depths of our creativity through writing and critical analysis. They see potential in each of their students and push us to exceed our own expectations. Their unwavering belief in us boosts our confidence, and we begin to excel.

They transform our fear of numbers into a love for mathematics. Their patience and dedication to simplifying complex concepts made math enjoyable. Their belief that anyone could master math with the right mindset instilled in me a determination to conquer challenges.

These teachers, through their passion, belief in their students, and dedication, have inspired me to pursue my passions and never stop learning. They are the reason I aspire to become a teacher myself, hoping to inspire future generations as they have inspired me.

## A Tribute to Teachers

Aayar Sidiqi, Grade IV-D

You taught us to greet

You taught us to meet

You taught us to write

When we didn't know what was right

You taught me to stand up

When I had bad luck

What you did was more than a favour

May you reap the fruit of your labour.

I mistook your firmness for harshness

Indeed, I have discovered my foolishness

Well, You laid the foundation for my career

And made me a victor over the torment of fear.



# COP28: Two months to go and UAE is all set!

Rayna Shah, XI-J

How will the Youth and civil society play an important role in COP28 UAE?

Here are some ways they will be involved:

- A youth-led 'Road to COP28' event is set to unify UAE stakeholders towards the climate summit. It calls for active participation from all segments of society, including women, youth, indigenous peoples, civil society, businesses and more.
- The International Youth Climate Delegate Program recognizes that youth have a pivotal role to play in the success of COP28 and climate.
- The WHO has issued a call for consultancy to ensure health presence and youth participation in COP28.

So, mark your calendars for COP28 and witness the UAE's leadership in the realm of environmental responsibility. It's not just the UAE's responsibility; it's a shared global mission, and as future leaders, we have a vital part to play. The countdown has commenced, and we are at the cusp of an era of unprecedented environmental transformation. Let's seize this opportunity to make history together!



# SPACE VS. THE HUMAN BRAIN: Burr holes or Black holes?

Ritu Ramesh, Grade XI-B

Philosophers, scientists, thinkers and conspirators all concede to the fact that the universe is one of the most awe-inspiring, sublime and captivatingly mysterious. Exploration of the cosmos has known to deeply intrigue and captivate the human mind. And of this mind, to know and to think is a concept unexplored, but abundantly questioned which we cannot say the same about the inter cosmic space. When pondered upon, what do we know about the greatness of our celestial grandeur and the human brain? Surely, we cannot compare these concepts apparently so disparate... or can we?

An astrophysicist at the University of Bologna and a neurosurgeon at the University of Verona compared the network of neuronal cells in the human brain with the cosmic network of galaxies, and astonishing similarities emerged between two of the most challenging and complex systems in nature: the cosmic network of galaxies and the network of neuronal cells in the human brain . The human brain is the most complex thing in the cosmos, with scientists stating that they know more about the Universe than they do the organ inside our heads.

But of course, the brain boggles the brain itself. The human brain functions thanks to its wide neuronal network that is deemed to contain approximately 69 billion neurons. On the other hand, the observable universe is composed of a cosmic web of at least 100 billion galaxies. Within both systems, only 30% of their masses are composed of galaxies and neurons.

According to NASA, scientists know that the universe is flat with only about a 0.4 percent margin of error (as of 2013).

And that could change our understanding of just how big the universe is.

This implies that the universe is infinite in extent; however, since the universe has a finite age, we can only observe a finite volume of the universe. "All we can truly conclude is that the universe is much larger than the volume we can directly observe," says NASA.

Alas, The brain is the last and grandest biological frontier, discovered in our universe .the most complex thing we have yet

A greater understanding of the systemic dynamics underlying the Temporal evolution of these two systems will likely be possible thanks to new and potent analysis techniques in both cosmology and neurosurgery, according to the researchers, who are encouraged by the positive findings of this pilot investigation.

# A Letter to my Teacher



Shalem Soares

Dear Mrs. Alaina

I want to express my sincere gratitude for the profound impact you've had on my life. Your unwavering support and belief in my potential have given me the confidence to dream big and reach for the stars. Your dedication to teaching not only the subject matter but also life lessons has been instrumental in my personal and academic growth.

Your encouragement to step out of my comfort zone, explore new horizons, and never settle for mediocrity have shaped my journey in unimaginable ways. Your influence extends far beyond the classroom and I continue to carry your lessons with me every day. I am proud to have had you as my teacher, and I'm excited about the path ahead, thanks to your inspiration. Thank you for being an exceptional mentor and friend.

With heartfelt appreciation,

Shalem Soares





# The Effects of AI on Employment



Ziishtaa Raina, 8 J

AI, or Artificial Intelligence, is a field in Computer Science which focuses on creating systems and machines that can perform tasks which require human intelligence. Some of these tasks may include problem-solving, learning from experience, understanding natural language, recognizing patterns, and making decisions. AI has the potential to transform many industries and aspects of our lives. It also raises important questions and challenges, including its impact on employment, ethics, and the future of technology.

Due to AI having near to human intelligence, its effects on employment can be both positive and negative. They vary depending on the industry and job roles. One of the important effects of AI on employment is the automation of routine and repetitive tasks across various industries. Jobs involving tasks like data entry, basic customer service and manufacturing may be at risk of displacement. Due to AI being faster and more capable, low-skilled workers are at the risk of losing their jobs.

While the overall impact on employment varies by industry and region, it is evident that AI is reshaping the job landscape. It also necessitates adaptation, reskilling, and strategic planning to harness its benefits effectively.



# The Influence of a Good Teacher Extends Beyond The Classroom

Hafsa Fatima, 8 J



A teacher goes beyond the classroom when s/he develops strong relationships with the pupils. Planning diverse activities, creating a comfort zone, and laying the groundwork for communication, inspiring and creating an environment of lifelong learning- when this is constructed, it is much easier for learners to come out of their shell. Not every child is willing to talk or communicate. Some youngsters require that extra push, and when teachers put forth the effort, they tend to break free. Kids can benefit immensely from teachers who assist students both within and outside of the classroom. If a pupil dislikes an instructor, they are less likely to enjoy learning.

Teachers can have an impact on kids far beyond the classroom. A teacher-student relationship can result in a very profound bond that most students will never forget. Teachers can assist students not only with skills needed outside of the classroom but also with any of their personal difficulties. Pressure has the greatest impact on a student's studies. People of our generation live in a stressful environment with constant competition. Students may experience extreme inferiority complex as a result of increased competitiveness. They are unable to explain this due to a communication breakdown. The role of a teacher as a mentor, friend or confidant who believes in every student will help them nurture under unforgiving conditions.

A teacher teaches values and lessons for life and this is more significant. Value education is critical in maintaining positive relationships with students. When pupils feel at ease with a teacher, they are more likely to share their experiences and difficulties outside of school and studies. A teacher can learn more about their mental health and may help them in the future. Students 'live' in the school for 7-8 hours. In the secluded world that we live, teachers can help overcome anxiety, fear & help prepare students to face the world without any inhibitions. A teacher serves as a friend, philosopher and guide. All the teachers in the world deserve a salute for creating all other professionals.



# How Does Switching To Clean Energy Fight Climate Change?

Mariya Zaki, 8-H



Switching to clean energy is a powerful weapon in the battle against climate change, offering an abundance of benefits for both the environment and society as a whole. At its core, the concept of clean energy involves harnessing renewable sources like wind, solar, and hydroelectric power which generate little to no greenhouse gas emissions. This fundamental shift away from fossil fuels is key to reducing our carbon footprint. It addresses the root causes of global warming.

One of the most significant advantages of clean energy is its capacity to decrease the release of carbon dioxide and other harmful pollutants into the atmosphere. Fossil fuels such as coal and oil release vast amounts of carbon dioxide when burned for electricity and transportation. This excess carbon dioxide traps heat in the atmosphere, leading to rising temperatures and catastrophic climate events. Clean energy technologies on the other hand produce electricity without emitting greenhouse gases. Solar panels convert sunlight into electricity. Wind turbines harness the power of the wind and hydropower generates energy from flowing water, all without contributing to the greenhouse effect. By replacing fossil fuels with these sustainable alternatives, we can significantly reduce our carbon emissions and slow the pace of climate change.

Moreover, transitioning to clean energy fosters economic growth and job creation. It encourages innovation and investment in clean technology, which, in turn, supports local economies and provides employment opportunities. As governments, businesses, and individuals continue to adopt clean energy solutions, we collectively take a giant stride towards safeguarding our planet for future generations. Switching to clean energy is not just an option; it is an imperative step in mitigating the devastating impacts of climate change and securing a sustainable future.



# Curiosity: The Skill to Thrive in the 21<sup>st</sup> Century

Meghana Pasupuleti, 8-H



In the fast-paced and ever-changing world of the 21st century, curiosity has emerged as a meta-skill that is essential for personal and professional growth. Curiosity is not just a trait; it is an attitude that drives individuals to explore, learn, and adapt to new challenges. It is the fuel that ignites innovation and creativity. In today's knowledge-based economy where information is readily available at our fingertips, those who possess curiosity have a distinct advantage. They are constantly seeking new knowledge, questioning assumptions, and challenging the status quo. This thirst for learning enables them to stay ahead of the curve and adapt to rapidly changing circumstances.

Moreover, curiosity fosters empathy and understanding. By being curious about different cultures, perspectives, and ideas, individuals can bridge gaps in communication and build stronger relationships. It encourages open-mindedness and tolerance in an increasingly diverse world. Furthermore, curiosity leads to problem-solving skills. When faced with obstacles or complex issues, curious individuals are more likely to explore multiple solutions rather than settling for the first answer that comes their way. They embrace uncertainty as an opportunity for growth rather than a roadblock.

Thriving in the 21st century requires more than just knowledge or technical skills; it demands a curious mindset. It is through curiosity that we unlock our full potential as human beings – pushing boundaries, discovering new possibilities, and shaping a better future for ourselves and generations to come. So let us embrace our innate sense of wonderment and cultivate curiosity as our meta-skill for success in this rapidly evolving world.



# A Tribute to Teachers

Anusha Guha, 7-B



You are the light that guides us,  
Through the darkness of our youth.

You are the ones who show us,  
The way to reach our truth.

You are the ones who teach us,  
The things we need to know.

You are the ones who help us,  
To grow and to be whole.

You are the ones who inspire us,  
To reach for the stars.

You are the ones who make us  
Believe in ourselves and our dreams.



You are the ones who care for us,  
Even when we don't deserve it.  
You are the ones who are always there,  
To help us through our darkest days.

So thank you, teachers,  
For everything you do.  
You are the real heroes,  
And we are so grateful for you.

# Back to School

Diya Dubey, 6-G



Back to school, a journey we embrace,  
With open hearts and a smile on our face,  
For knowledge is the key, and we hold it true,  
As we embark on this adventure, me and you.

In classrooms, minds awaken, spirits soar,  
As teachers share wisdom, we thirst for more.  
Each lesson a canvas, a chance to explore,  
The universe of learning, forevermore.

With pencils, paper, and curiosity,  
We embark on a journey, a path of possibility.  
In the pages of books and stories we explore,  
The boundless knowledge that's worth much more.

As seasons change, so do we,  
Growing wiser, discovering what we can be.  
Back to school, a chance to begin,  
A journey of learning, from within.

The call of knowledge starts to appear,  
Back to school, our classmates cheer  
Backpacks filled with books and dream,  
Back to school, our hearts and hopes, gleam.





## BACK TO SCHOOL SUMMER IS HERE

Amaan Anjum, 7 B

At the crack of dawn, we students rise,  
Bags packed and eager eyes  
Back to the teachers who guide us along the path we tread,  
To become better citizens, responsible and well-read.

The busy atmosphere in the classroom,  
The whispers, and the voices that boomed,  
It was great to be back in DPS Dubai  
Where we learn not to stop at even the sky!

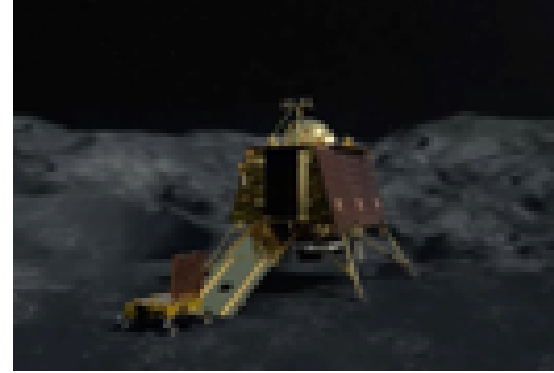
It was time to get back on the grind,  
Finishing our homework in a race against time,  
Science, Social Studies, English, and Math,  
It felt great to be back.

Joy took over when we were in class once more,  
At the end of the day, I was reluctant to go out the door  
So, let's make the most of this precious time  
As we ascend in our learning ladder.

## CHANDRAYAAN-3, THE PRIDE OF INDIA



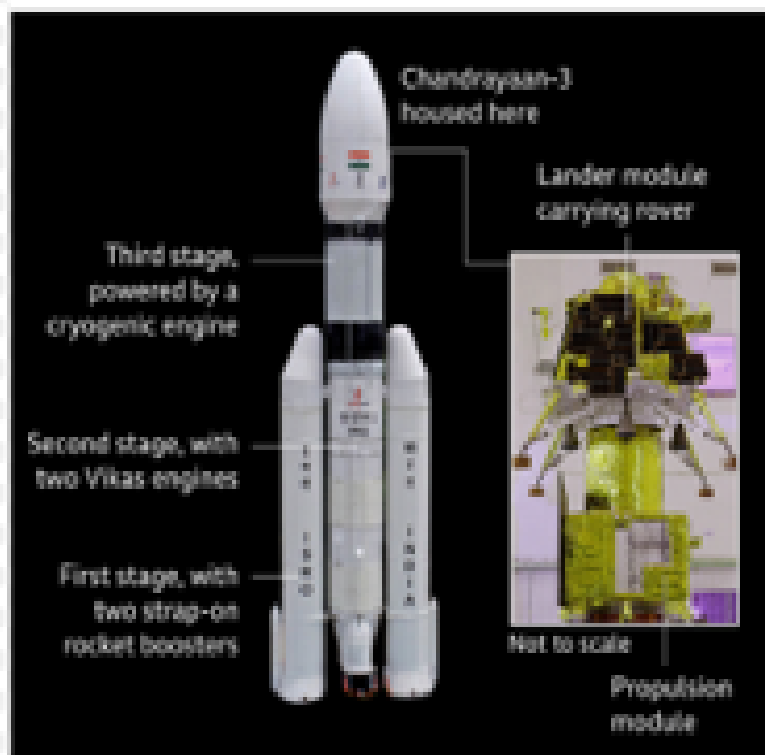
Sangeeth Lakshman, 7 F



### Chandrayaan-3 successfully lands, India rejoices

On 23rd August 2023, the lunar lander of the Chandrayaan-3 mission, Vikram, successfully landed on the moon's surface, bringing the nation pride and joy. Here's everything you need to know about the mission.

#### The LVM3 launch rocket and Chandrayaan-3



#### Mission Launch

The total cost of Chandrayaan-3 mission was ₹610 crores compared to the ₹960 crores of the previous Chandrayaan-2 mission. Launched on 14 July 2023, 6:03 PM IST, the mission consisted of the lunar lander, Vikram and the rover Pragyan launched on the rocket LVM3 (Launch Vehicle Mark-3) from Sriharikota, an island in the Bengal Bay.

#### In Orbit

Unlike most lunar missions the Chandrayaan-3 mission does not consist of an orbiter to communicate with the lander, but instead the mission reuses the previous Chandrayaan-2 orbiter. Since the mission does not contain an orbiter, the lander has a propulsion module

#### Landing on the Moon

Finally, on 23rd August 2023, the lander Vikram landed on the moon's South Pole. The lander will operate for one lunar day which is equivalent to 14 earth days. The lander communicates with the control center back on earth through the reused Chandrayaan-2 orbiter. The lander is set to observe the poles of the moon which will give us essential information about the moon's poles.

After the failure of Chandrayaan-2, the success of Chandrayaan-3 is a major milestone for India and for the world. The information that the mission obtains will help us progress much further in technology and might as well help making space ventures much more easily in the future.



## REVIEW OF A BOOK I READ THIS SUMMER

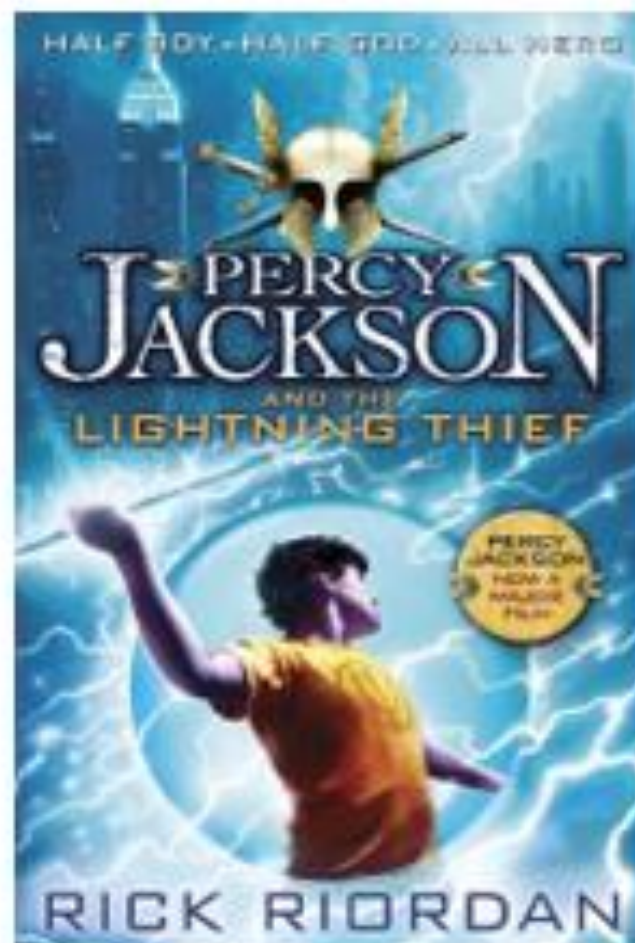


Gayatri Manoj, 6A

### Percy Jackson and the Lightning Thief

"Rick Riordan's "Percy Jackson and the Lightning Thief" is an incredible book I read! It's about Percy, a regular kid who discovers he's the son of a Greek god. The story is a mix of ancient myths and a modern-day quest. Percy, the main character, has ADHD and dyslexia, which makes him relatable. His journey is full of exciting adventures, from battling monsters to meeting gods like Zeus and Poseidon (his Greek father). What's cool is how the author makes ancient myths easy to understand. We learn about Greek gods and creatures without feeling like we're in a history class! The book also teaches us important lessons about friendship and believing in ourselves. Percy's friends, Annabeth and Grover, help him on his quest, showing that teamwork and loyalty are super important.

"Percy Jackson and the Lightning Thief" is an exciting, funny, and educational read. If you love action, mythology, and great characters, this book is a must-read for "book enthusiasts" like me!



**THINK ABOUT A TEACHER WHO HAS GIVEN YOU THE CONFIDENCE TO DREAM BIG. WRITE A LETTER TO HIM/HER EXPRESSING YOUR GRATITUDE.**



**Syeda Ayesha Ahmed, 6 G**

24- Jasmine Street

Gardens

Jebal Ali, Dubai

11 September 2023

Dear Dhanya Rajkumar Ma'am,

I hope this letter finds you in good health and high spirits. I wanted to take a moment to express my deepest gratitude for the unwavering confidence you have shown in me throughout my time in your class.

Your belief in my abilities has been a source of immense inspiration and motivation for me. It has not only propelled me to strive for excellence in your subject but has also instilled in me a newfound confidence in my own capabilities. Knowing that you have faith in me has given me the courage to take on challenges and push beyond my comfort zone.

As I reflect on my time in your class, I realize how fortunate I am to have had the opportunity to learn from such an exceptional educator. Thank you once again for being a beacon of confidence, guidance, and knowledge in my life. You have made an ever lasting impression, and I am truly grateful for all that you have done for me. Wishing you continued success and fulfilment in your teaching journey.

Yours lovingly,

Ayesha



## COP28: TWO MONTHS TO GO AND UAE IS ALL SET!



**Ria Modi, 8 B**



With only two months remaining until the much anticipated 28th UN Climate Change Conference of the Parties (COP28), the United Arab Emirates (UAE) is bustling with preparations to host this critical global event. As the clock ticks down, the UAE is leaving no stone unturned to ensure that COP28 becomes a pivotal moment in the fight against climate change. In this article, we will explore the UAE's extensive preparations, its vision for COP28, and the global significance of this gathering.

Hosting COP28 is not merely a matter of prestige for the UAE; it is a testament to the nation's dedication to climate action. As the first Gulf country to host a COP summit, the UAE aims to use this opportunity to bring nations together to confront the climate crisis collaboratively.

The UAE government is taking several steps to ensure the success of COP28. This includes the construction of state-of-the-art facilities to accommodate delegates, the implementation of stringent COVID-19 safety protocols, and extensive logistical planning to manage the influx of attendees. The nation's renowned hospitality sector is gearing up to provide world-class services to all participants.

One of the central themes of COP28 is "Sustainable Solutions for a Changing Climate." The UAE's choice of this theme underscores its commitment to finding practical, innovative, and sustainable solutions to the pressing issues of climate change. The conference will provide a platform for countries to share best practices, collaborate on climate adaptation and mitigation efforts, and forge partnerships to achieve global climate goals.

COP28 will be a global melting pot of ideas and innovation. It will bring together world leaders, climate experts, activists, and stakeholders from diverse sectors to engage in constructive dialogues. The UAE aims to foster an atmosphere of collaboration and mutual understanding, where nations can work together to find common ground on critical climate issues.



As the host of COP28, the UAE has a unique opportunity to lead by example. It will undoubtedly present its own achievements in sustainable development, but it also seeks to inspire and motivate other nations to step up their climate efforts. The conference will serve as a call to action, reminding the world that collective, immediate, and bold measures are essential to address the climate crisis.

With just two months to go until COP28, the United Arab Emirates is ready to assume its role as a global leader in the fight against climate change. The country's

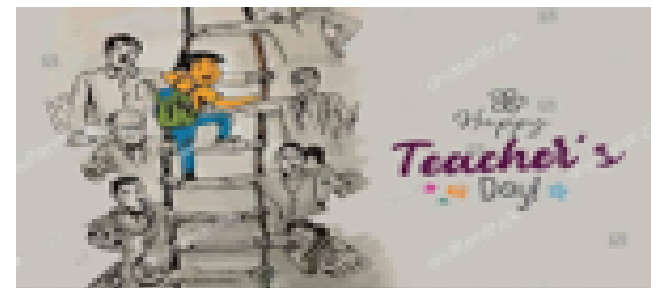
extensive preparations, its commitment to sustainable solutions, and its focus on collaboration and dialogue all signal that COP28 will be a turning point in the world's response to the climate crisis. As the world watches, the UAE is poised to make history and, more importantly, to catalyze meaningful action toward a more sustainable and climate-resilient future for all.

COP28 is the 28th session of the Conference of Parties, held every year to discuss and find solutions for climate change. It will take place from 30 November to 12 December 2023 at Expo City, Dubai

## A TRIBUTE TO TEACHERS



Deepisha Singh, 6 C



Like a rare gem,  
You are found in the depths of each student's hearts.  
Your teachings shine like the pole star,  
Guiding the lost in the dilemma of life.

You are like a shining diamond,  
Which every student wears proudly.  
You are like a pineapple,  
Standing tall, wearing a crown and sweet from inside.



You are like a prized possession kept safely in every student's heart.  
Your teachings are like the flowers of a plant,  
Which beautifies the character of each student  
Attracting butterflies carrying opportunities.

I am so grateful that you are my teacher.

You help me see I can be more.

You gave me the confidence to dream big.

People will come and go

But nobody will be able to replace a teacher,

Like you.



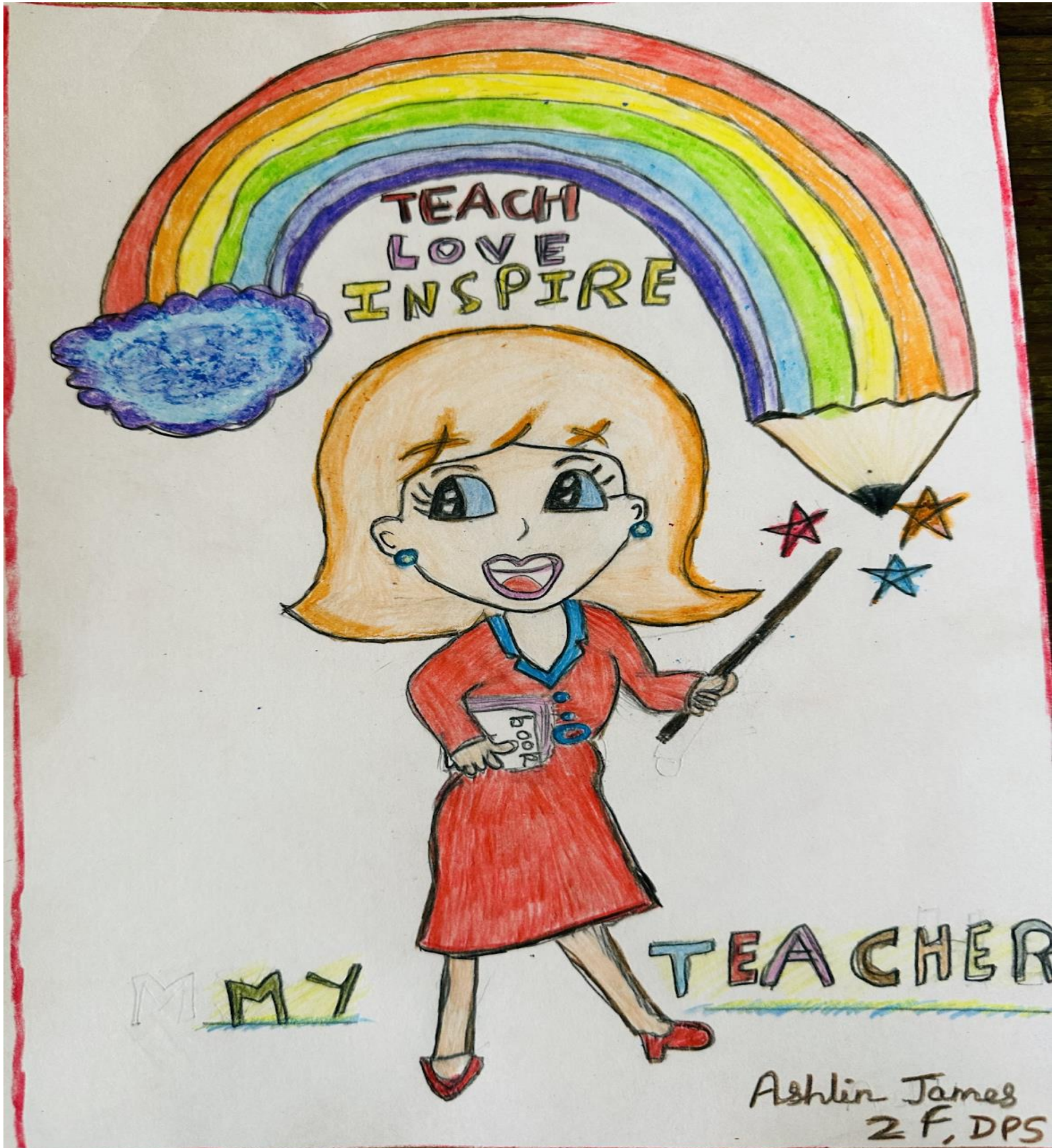
# Artwork



**Student Name: Ayush Guha**

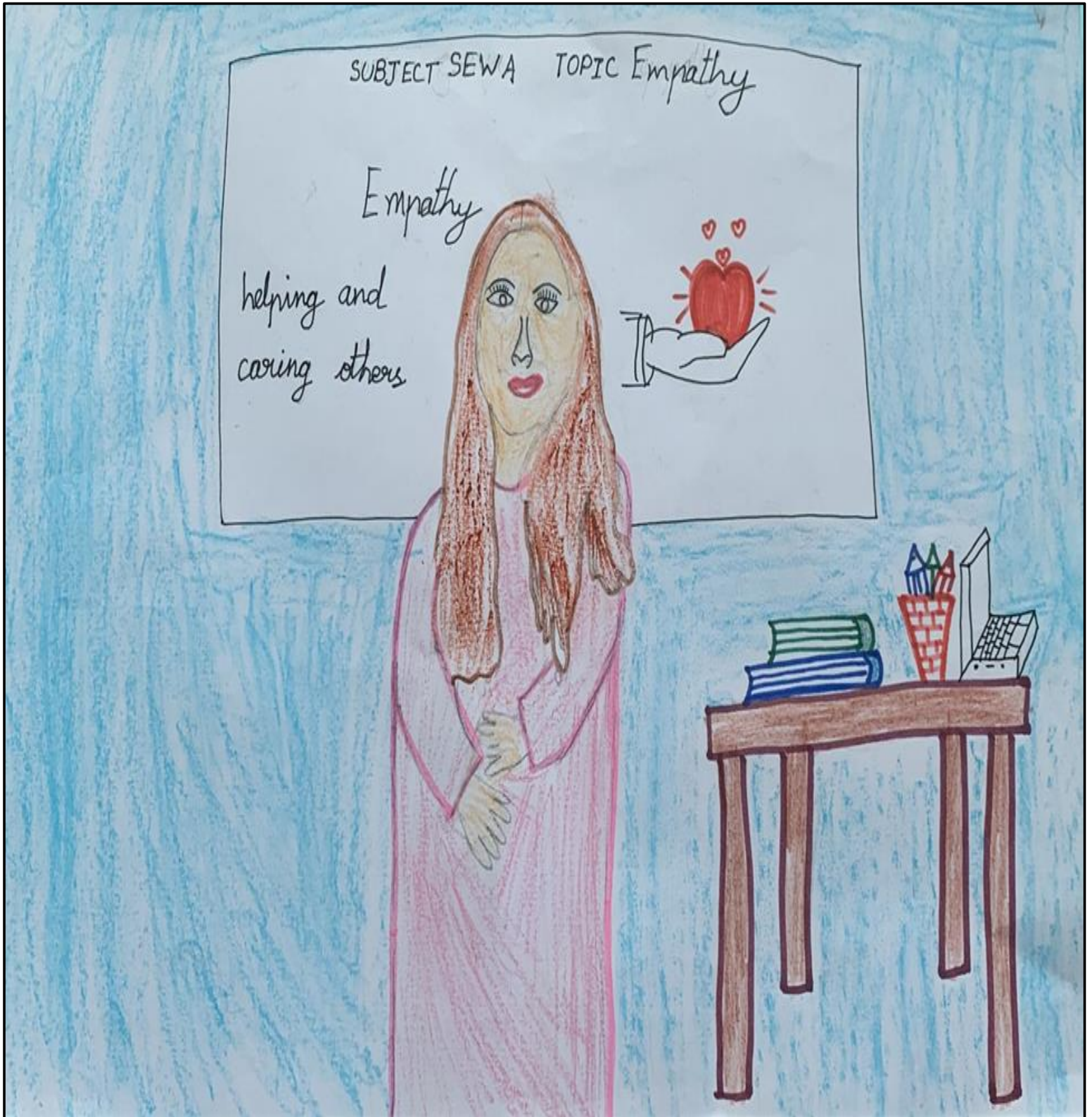
**Grade II F**

# Artwork



**Ashlin James**  
**Grade II F**





**Liyana Jamal Mohammed**

**Grade 1 H**



# Educating Children to Self-Protect Against Bullying

Rohma Usmani, Parent of Ifrah Jafri  
Grade: I-H



Bullying is a pervasive issue in schools and communities worldwide, affecting millions of children. It not only leaves lasting emotional scars but can also hinder a child's overall development and well-being. To combat this problem effectively, it is crucial to empower children with the skills and knowledge necessary to defend themselves against bullying. Empowering children not only helps them protect themselves but also fosters a culture of empathy, respect, and kindness. We can protect them by Building Self-Esteem and Confidence, teaching children how to express themselves assertively rather than aggressively they should be encouraged to voice their feelings and concerns while maintaining a respectful tone, telling adults about their situation, and Cyberbullying Awareness.

Empowering children to defend themselves against bullying is a collective responsibility that involves parents, educators, and the community. By nurturing their self-esteem, communication skills, and conflict-resolution abilities, we can help children develop resilience and confidence. Moreover, teaching empathy, kindness, and responsible online behavior will contribute to a more inclusive and respectful society.

In the fight against bullying, it is crucial to remember that prevention is just as important as intervention. By equipping children with the tools, they need to defend themselves and promoting a culture of empathy and kindness, we can make significant strides in reducing bullying and creating a safer, more supportive environment for all children.



# Sparkling Neurodivergent Minds: Embracing Diversity and Fostering Potential

Keira Monto Joseph, Assistant MHEA Club Outreach Officer

Neurodiversity is a concept that has gained increasing recognition and importance in recent years. It challenges traditional views of neurological differences and highlights the need to create inclusive environments that empower neurodivergent individuals. Understanding neurodiversity is not only a matter of social justice but also an opportunity to tap into the unique strengths and talents that neurodivergent minds often possess.

Neurodivergent minds encompass a broad spectrum of neurological variations, including conditions such as autism, ADHD, dyslexia, and more. These differences are not disorders to be fixed but rather aspects of human diversity to be celebrated. To spark neurodivergent minds, several key principles and practices must be embraced.

Firstly, education and awareness are fundamental. People need to educate themselves about various neurodivergent conditions, their characteristics, and their impact on individuals. By fostering a deeper understanding of neurodiversity, we can reduce stigma and misconceptions, allowing neurodivergent individuals to be seen for their unique qualities.

Creating supportive environments is equally essential. Neurodivergent individuals may have specific sensory sensitivities or communication preferences. Thus, it is vital to design spaces that accommodate these needs, ensuring that they can focus, learn, or work comfortably without unnecessary distractions.

Flexibility is another crucial aspect. Neurodivergent individuals may require different approaches to tasks or learning. Being open to diverse ways of thinking and problem-solving can unlock their full potential. Clear and concise communication, as well as the provision of visual aids or written instructions, can also facilitate understanding and participation.



# Sparking Neurodivergent Minds: Embracing Diversity and Fostering Potential

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Furthermore, neurodiversity should be celebrated for its strengths. Many neurodivergent individuals possess remarkable talents, such as intense focus, creativity, and attention to detail. Encouraging and nurturing these strengths can lead to significant contributions in various fields.

Sensory considerations and social support are essential components of sparking neurodivergent minds. Providing sensory breaks or quiet spaces can help manage sensory overload, while fostering social connections and peer support can enhance emotional well-being.

Feedback and encouragement should be constructive and tailored to individual needs, promoting a growth mindset and self-advocacy. Additionally, ensuring accessibility through various formats and accommodating neurodivergent individuals' unique requirements is paramount.

In conclusion, sparking neurodivergent minds requires a holistic approach that recognizes diversity, promotes inclusion, and celebrates strengths. Embracing neurodiversity not only benefits neurodivergent individuals but enriches society as a whole, leading to a more innovative, empathetic, and equitable world. It is a journey towards understanding, acceptance, and unlocking the incredible potential that neurodivergent minds bring to our collective human experience.



# Empowering Tomorrow's Leaders: The Vital Role of Social Service in Student Life

“Service to others is the rent you pay for your room here on Earth.” - Muhammad Ali

These words by the legendary Muhammad Ali encapsulate the essence of social service. In today's world, where the pursuit of individual success often takes center stage, it is crucial to recognize the fundamental need for social service, particularly within the student community. Students, with their energy, enthusiasm, and fresh perspectives, have a unique role to play in contributing to the betterment of society. In this essay, we will delve into why social service is a fundamental need for the student community, examining its benefits for personal growth, community development, and the broader human experience.

## 1. Personal Growth and Character Development:

Engaging in social service offers students valuable opportunities for personal growth and character development. It fosters empathy, compassion, and a sense of responsibility towards others. When students actively participate in activities like volunteering at shelters, tutoring underprivileged children, or assisting the elderly, they gain a deeper understanding of the challenges faced by different segments of society. This firsthand experience not only broadens their horizons but also instills values such as kindness and humility, which are essential for becoming well-rounded individuals.

## 2. Skill Development:

Social service also provides students with a platform to develop a wide range of practical skills. Whether it's organizational skills, communication skills, teamwork, or problem-solving abilities, these experiences are incredibly valuable for their personal and professional development. These skills go beyond the classroom, preparing students for the challenges they will face in their careers and life as responsible citizens.

## 3. Community Development:

The student community's active involvement in social service initiatives contributes significantly to the development of their local communities. Through initiatives such as cleaning drives, tree planting campaigns, or educational outreach programs, students can address pressing issues and create a positive impact. By working alongside community members, they build trust and rapport, fostering a sense of togetherness that strengthens the social fabric of their communities.

# Empowering Tomorrow's Leaders: The Vital Role of Social Service in Student Life

## 4. Fostering Social Awareness:

Social service also plays a vital role in raising awareness about critical social issues. As students engage with diverse communities and witness firsthand the challenges they face, they become advocates for change. They learn to recognize injustices and disparities, motivating them to take action and become agents of positive social change. In this way, students can contribute to the collective effort to address societal issues such as poverty, inequality, and environmental degradation.

In conclusion, social service is not just an extracurricular activity but a fundamental need for the student community. It offers personal growth, skill development, and a unique opportunity to contribute to community development and social awareness. Students who engage in social service activities are not only enriching their own lives but also making a meaningful difference in the lives of others. As they carry the lessons learned from these experiences into their futures, they become not only successful individuals but also responsible and compassionate global citizens. To echo Muhammad Ali's words, social service is indeed the "rent" that students pay for their place on this Earth, and it is a payment that enriches both the giver and the receiver.



# The Effects of Artificial Intelligence on Employment

Alex Alister Kavalakatt, Grade IX-A



Artificial Intelligence (AI) has been a hot topic in recent years, and its influence on the job market has been a subject of concern and fascination. As AI technologies continue to advance, they are undeniably reshaping the landscape of employment. This article delves into the various effects of AI on employment, drawing insights from credible sources and experts in the field.

One of the most discussed aspects of AI's impact on employment is job displacement. Automation powered by AI can take over repetitive, routine tasks in industries such as manufacturing, customer service, and data entry. A study conducted by the McKinsey Global Institute in 2017 estimated that up to 30% of tasks in 60% of occupations could be automated, potentially leading to significant job displacement. This phenomenon is not limited to low-skilled jobs; AI is also affecting high-skilled professions like radiologists and financial analysts.

While AI can displace some jobs, it also has the potential to create new ones. AI-driven technologies require skilled professionals to develop, maintain, and improve them. According to the World Economic Forum, AI could create around 12 million jobs by 2025, primarily in the fields of data analysis, machine learning, and AI programming. However, these new roles often require specialized skills, which may pose challenges for displaced workers seeking reemployment.

AI doesn't merely replace jobs; it transforms them. Many tasks that AI automates are routine and repetitive, allowing human workers to focus on more complex and creative aspects of their jobs. A report by PwC suggests that AI could augment the productivity of human workers and make them more efficient, leading to greater job satisfaction and higher wages for some.

As AI continues to evolve, it creates a growing demand for workers with AI-related skills. A report by the Brookings Institution emphasizes the importance of addressing the skills gap by providing accessible education and training programs. Preparing the workforce with the necessary skills is essential to ensure that people can adapt to the changing job market.

# The Effects of Artificial Intelligence on Employment

Alex Alister Kavalakatt, Grade IX-A

The impact of AI on employment is not just economic; it also raises ethical and societal concerns. Issues like bias in AI algorithms, surveillance, and privacy violations have become focal points of discussion. Addressing these concerns is essential to ensure that the integration of AI into the job market is both equitable and ethical.

In conclusion, the effects of AI on employment are multifaceted. It can lead to job displacement, job creation, and the transformation of job roles. Addressing the challenges posed by AI's impact on employment requires a concerted effort from governments, businesses, and educational institutions to ensure that the workforce remains adaptable and resilient in the face of technological advancements.

Credible sources such as the McKinsey Global Institute, World Economic Forum, PwC, Brookings Institution, and other academic research were consulted to provide insights into the impact of AI on employment. These sources provide a comprehensive view of the complex dynamics at play in the evolving job market influenced by AI.



# The Influence of a Good Teacher Extends Beyond the Classroom

Adhrit Ghosh, IX-A



Teachers.... They are extremely important because they change lives, inspire dreams, and push the limits of human potential. A teacher's job is to nurture, teach, and raise children to contribute positively to society. Teachers' role in the classroom, society, and the world at large has taken a different turn from what it used to be in the past. Without teachers, we wouldn't be here, would we? Let's talk a little more about what teachers do for us.

Teachers are builders of a better tomorrow. They shape the youths today and help them achieve something great in life. Teachers have a bunch of roles other than just teaching. First things first, they impart a lot of knowledge. The primary duty of a teacher is to give us knowledge and that comes from teaching. Teaching usually entails following a specific curriculum and ensuring that the students understand what is being taught. It is from this role that all other roles of a teacher originate because if a teacher fails to carry out his/her basic responsibility to impart knowledge, then it might be difficult to have any other form of influence on the child. Secondly, they act as a role model.. Although teachers do not see themselves as role models, the truth is they actually are. The amount of time students spend with teachers each day or week makes it possible for them to have a certain level of influence on the students. It is now down to the teacher to make this influence positive or negative. Being a teacher goes beyond just teaching according to the curriculum, it is about grooming the child. Besides imparting knowledge they also help with character-building. Lastly, the role of a teacher transcends following a specific lesson plan and work schedule. Because both students and teachers spend as much time together, the teacher inadvertently becomes an external parent. The teacher can be a mentor to help set the child on the right path. In this role, the teacher can encourage the student to be the best they can be, and also be a source of inspiration to the students.



# The Influence of a Good Teacher Extends Beyond the Classroom

Adhrit Ghosh, IX-A



Today, the teachers' role has gone beyond teaching. Their role now involves counseling students, mentoring students, and teaching them how to use and apply knowledge in their lives. Teachers are now looking for ways to impact students on a different level and even inspire them to be more and do more. After parents, the teachers are the biggest well-wishers in any student's life, they can cross every extent to help the students succeed in life! They are one of the best human beings one will ever cross paths with, so we should make sure to obey them always.

Pupils should always consider listening to their valuable suggestions and applying them in their lives. It will change for the better. Teaching is a noble profession and takes years of hard work to be an eminent face in the domain. When students grow up to be excellent and successful human beings and take your example, that's where true success lies.



# How Switching to Clean Energy Helps Fight Climate Change?

Shana Sara Reji, X-I



Climate change is undeniably one of the most pressing global challenges of our time. Making a transition to clean energy sources is essential to reducing the devastating effects of climate change. Let's explore how switching to clean energy plays a pivotal role in the battle against climate change.

## The Problem with Fossil Fuels

Fossil fuels, including coal, oil, and natural gas, have been the primary sources of energy for centuries. However, their extraction and combustion release greenhouse gases, such as carbon dioxide (CO<sub>2</sub>) and methane (CH<sub>4</sub>), into the atmosphere. These gases trap heat, leading to the greenhouse effect, which in turn causes global temperatures to rise. The consequences are evident in the form of more frequent and severe heatwaves, storms, and rising sea levels.

## The Role of Clean Energy

Clean energy sources, including solar, wind, hydroelectric, and geothermal power, offer a sustainable and environmentally friendly alternative to fossil fuels. Here's how they combat climate change:

**Reduced Greenhouse Gas Emissions:** The most significant benefit of clean energy is its minimal greenhouse gas emissions. Solar panels, wind turbines, and hydroelectric dams generate electricity without burning fossil fuels, resulting in substantially lower emissions. By transitioning to clean energy, we can drastically reduce CO<sub>2</sub> and CH<sub>4</sub> emissions, slowing the pace of global warming.



# How Switching to Clean Energy Helps Fight Climate Change?

- **Improved Air Quality:** The burning of fossil fuels not only contributes to climate change but also pollutes the air we breathe. Shifting to clean energy sources means less air pollution, which can lead to improved public health and fewer respiratory illnesses.
- **Renewable Resources:** Clean energy sources are renewable and inexhaustible. Unlike fossil fuels, which are finite resources, sunlight, wind, and flowing water are naturally replenished. This ensures a stable and sustainable energy supply for the future.
- **Energy Efficiency:** Clean energy technologies have seen significant advancements in energy efficiency. Solar panels and wind turbines are now more efficient than ever, making them economically viable and reducing the amount of energy required to produce them.
- **Technological Advancements:** The transition to clean energy has spurred innovation and job creation. As economies invest in renewable energy infrastructure, it drives research and development in green technologies, resulting in cleaner and more efficient energy systems



# How Switching to Clean Energy Helps Fight Climate Change?

## Challenges and Solutions

Transitioning to these sources is not without challenges. These include intermittency (reliability issues with solar and wind power), energy storage, and initial investment costs. However, advancements in energy storage technologies, grid integration, and government incentives are addressing these challenges. Government policies play a crucial role in accelerating the shift to clean energy. Subsidies, tax incentives, and carbon pricing mechanisms can make clean energy more attractive and competitive compared to fossil fuels. Additionally, international agreements, such as the Paris Agreement, promote global cooperation to limit global warming.

To conclude, the urgency of addressing climate change cannot be overstated. The switch to clean energy is a fundamental step in mitigating the disastrous consequences of global warming. It not only reduces greenhouse gas emissions but also improves air quality, enhances energy security, and fosters economic growth through innovation and job creation. Each individual, community, and nation has a role to play in the transition to clean energy. By collectively embracing clean energy solutions, we can curb the impact of climate change and ensure a sustainable and habitable planet for generations to come. The time for action is now.



# Curiosity: The Meta -Skill to Thrive in the 21st Century: Adaptability

Umed Mohammed, Grade 12-A

In the 21st century, our world is evolving at an astonishing pace. Technology is advancing, global challenges are becoming more complex, and the job market is constantly shifting. To succeed in this dynamic environment, there is one meta-skill that stands out as essential: adaptability. In this article, we will explore why adaptability is the key to thriving in the 21st century and how high school students can cultivate this skill.

In today's world, change is the only constant. From the rapid advancement of technology to the unpredictable challenges posed by climate change and global pandemics, we are constantly faced with new situations and circumstances. Those who can adapt to these changes are the ones who will not only survive but also thrive.

## Why Adaptability Matters

- 1. Career Success:** In the 21st-century job market, adaptability is highly valued. Industries and job roles are evolving, and individuals who can learn new skills and pivot their careers are more likely to succeed. Whether you aspire to be a doctor, engineer, artist, or entrepreneur, adaptability will be a crucial factor in your success.
- 2. Problem-Solving:** Adaptability is closely linked to critical thinking and problem-solving. When faced with a challenge, adaptable individuals are more likely to think creatively and find innovative solutions. They don't get stuck in rigid thinking patterns but are open to new ideas.
- 3. Resilience:** The ability to adapt also fosters resilience. Resilient individuals can bounce back from setbacks and learn from failures. They view challenges as opportunities for growth rather than insurmountable obstacles.
- 4. Global Citizenship:** Our world is more interconnected than ever before. Adaptability allows you to navigate different cultures, work with diverse teams, and understand varying perspectives. It's an essential skill for being a responsible global citizen.

# Curiosity: The Meta-Skill to Thrive in the 21st Century: Adaptability

Umed Mohammed, Grade XII-A



## Cultivating Adaptability

Now that we understand why adaptability is crucial, how can high school students cultivate this meta-skill?

1. **Embrace Change:** Start by developing a positive attitude towards change. Rather than fearing it, see it as an opportunity for growth and learning.
2. **Continuous Learning:** Be a lifelong learner. High school is just the beginning of your educational journey. Explore new subjects, read widely, and seek out opportunities to acquire new skills.
3. **Step Out of Your Comfort Zone:** Challenge yourself to try new things. Join clubs or activities you've never considered before, meet people from diverse backgrounds, and take on leadership roles.
4. **Failure Is a Stepping stone:** Don't be afraid to fail. Every setback is a chance to learn and adapt. Remember that even the most successful people have faced failures along the way.
5. **Develop Resilience:** Build your mental and emotional resilience. Practice mindfulness, develop coping strategies for stress, and seek support when needed.

Adaptability is the meta-skill of the 21st century. It is the key to success in a world that is constantly changing and evolving. As high school students, you have the opportunity to cultivate this skill now, and it will serve you well throughout your life. Embrace change, keep learning, and remember that adaptability is not just a skill; it's a mindset that will empower you to thrive in the exciting, ever-changing world of the 21st century.

# The Influence of a Good Teacher extends beyond the Classroom

Neil Kaple, Grade IX-D

Teachers teach us the core values of life, like good behavior, punctuality, discipline, unity and sharing. These values are useful not just in the classroom, but throughout our lives. The interactions between a good teacher and the student help build social skills and process and act upon cues in the conversation. This develops speaking and listening skills in the student. It helps gain self-confidence, uplift the mood, cope with stress and become joyful and sociable. Teachers teach the students to believe in themselves. 75% of students normally say that their teachers are their mentors and they trust them more than anyone. So, teachers have the power to change lives!!

Thus, we can conclude that a good teacher has many positive effects on the lives of students. Such positivity has an exponential effect, which can be very beneficial to society. As aforementioned, teaching and learning are subjective experiences and practices. However, we can always work towards helping each and everyone learn to their fullest and have fun along the way.



# Back to School

Roy Harwani, Grade XII-A



In halls of learning, we return with glee,

Back to school, where knowledge sets us free.

With backpacks heavy, and pencils sharp and bright,

We march into the day, our hearts so light.

The classroom buzzes with laughter and chatter,

As friends reunite, it's a joyous matter.

Teachers with smiles, and lessons anew,

We're ready to learn, with curiosity in view.

In math, we'll solve puzzles, numbers to tame,

In science, we'll spark curiosity's flame.

With books as our passport, we'll explore the unknown,

In history's pages, seeds of wisdom are sown.



# Back to School



Roy Harwani, Grade XII-A

Artistic strokes on canvases unfold,

In music and dance, our stories are told.

In every corner of the school, adventure awaits,

A world of possibilities, beyond the school gates.

Back to school, where dreams take flight,

Where we learn, discover, and reach new.



## Redesigning Your Career For The Age Of Artificial Intelligence

Arpita Jani, Pastoral Care Department

**Technological Advancements:** AI and machine learning technologies have advanced significantly in recent years, enabling the automation of tasks, data analysis at scale, and the development of intelligent systems. This creates a demand for professionals who can develop, implement, and manage these technologies.

**Business Transformation:** Many industries are undergoing digital transformations, and AI plays a central role in this process. Companies are looking for AI experts to help them leverage data and AI tools to gain a competitive edge, improve efficiency, and enhance customer experiences.

**Data Abundance:** With the proliferation of data, organizations need AI professionals to extract meaningful insights from large datasets. AI specialists can design algorithms that make sense of this data, enabling data-driven decision-making.

**AI Ethics and Regulation:** As AI becomes more integrated into society, there's a growing need for experts who can address ethical concerns and ensure responsible AI development. This includes issues related to bias, privacy, and transparency.

**Healthcare and Biotechnology:** AI is making significant strides in healthcare, drug discovery, and genomics. AI professionals in these fields are crucial for advancing medical research and improving patient outcomes.

**Autonomous Systems:** From self-driving cars to drones, AI is driving the development of autonomous systems. Professionals in AI and robotics are in demand to create and maintain these technologies.

**Cybersecurity:** AI is used both offensively and defensively in the realm of cybersecurity. Experts are needed to protect systems from AI-driven cyber threats and to develop AI tools for threat detection



# Academic Resilience in the World of Artificial Intelligence (AI)

Devanshi Zaveri, IFM Teacher



Academic resilience in the world of Artificial Intelligence (AI) is a critical concept for students and educators to embrace as technology continues to reshape the educational landscape. In an era where AI can automate certain tasks and provide instant access to information, the traditional model of education is evolving.

However, academic resilience remains indispensable.

Firstly, academic resilience involves adapting to the changing educational environment. As AI takes over routine tasks, students must focus on developing critical thinking, problem-solving, and creativity—the skills that AI cannot easily replicate. Resilient learners seek opportunities to engage with AI as a tool for learning, leveraging its capabilities to enhance their educational experiences.

Moreover, AI can help personalize education by tailoring content to individual needs, but this doesn't replace the need for resilience. Students must persist in the face of challenges, persevere through setbacks, and maintain a growth mindset.

Resilience enables learners to navigate the digital realm's complexities and overcome any barriers they encounter.

Furthermore, academic resilience promotes ethical and responsible AI use.

Understanding AI's limitations and biases is essential to avoid undue reliance on automated systems. Resilient individuals critically assess AI-generated information, ensuring the integrity of their academic pursuits.

In conclusion, academic resilience in the age of AI involves adapting, persisting, and engaging with technology responsibly. It equips students to thrive in a rapidly changing educational landscape, where AI complements, but does not replace, the enduring qualities of human intellect and determination.



# Teaching Kids the Right Way to Say 'I'm Sorry'

Heba Mirza, Phase I



Teaching kids the right way to say 'I'm sorry' is an important lesson in building healthy relationships and fostering empathy. In this article, we will explore some tips and strategies for helping young children understand the true meaning behind those two little words.

First and foremost, it is crucial to emphasize the importance of sincerity when apologizing. Encourage children to use their own words and express genuine remorse for their actions. Remind them that simply saying 'I'm sorry' without truly meaning it may not resolve the issue or repair any hurt feelings. To help children grasp the concept of empathy, you can introduce age-appropriate examples or stories that highlight the feelings of others. Discuss how certain actions might make someone feel sad, angry, or upset, and encourage children to put themselves in the shoes of the person they may have hurt.

By nurturing their empathy, children are more likely to understand the impact of their actions and apologize sincerely. Another valuable lesson to teach is the importance of taking responsibility for one's actions. Explain to children that saying 'I'm sorry' is not just an empty phrase but a commitment to making things right. Encourage them to think about ways they can make amends or prevent similar incidents from happening again in the future.

It is also essential to teach children the art of forgiveness. Explain that forgiving someone does not mean forgetting what happened or condoning the behaviour, but rather choosing to let go of anger and resentment. Encourage children to accept apologies with an open heart and give others a chance to learn and grow from their mistakes.



# Teaching Kids the Right Way to Say 'I'm Sorry'

Heba Mirza, Phase I

Now, let's dive into some practical strategies for teaching kids the right way to say 'I'm sorry':

1. **Role-playing:** Engage children in role-playing scenarios where they can practice offering apologies and receiving forgiveness. This hands-on approach allows them to understand the emotions involved and develop their communication skills.
2. **Reflective activities:** Provide children with opportunities to reflect on their actions and the impact they have on others. This can be done through journaling, drawing, or group discussions.
3. **Positive reinforcement:** Praise children when they demonstrate sincere apologies and empathetic behaviour. This positive reinforcement helps reinforce the importance of genuine remorse and encourages them to continue making efforts in their relationships.
4. **Lead by example:** Children learn by observing the behaviour of the adults around them. Model sincere apologies and forgiveness in your own interactions, showing them how to handle conflicts and repair relationships. Remember, teaching kids the right way to say 'I'm sorry' goes beyond a mere phrase. It is about instilling empathy, responsibility, and forgiveness in their hearts. By nurturing these qualities, we can help create a more compassionate and understanding generation. So, let's encourage our little ones to use those two powerful words, 'I'm sorry,' with sincerity and understanding.



# Teaching Kids the Right Way to Say 'I'm Sorry'

Heba Mirza, Phase I

Lastly, I would like to add some quotes by some great personalities,

1. Mahatma Gandhi once said, "The weak can never forgive. Forgiveness is an attribute of the strong."

This quote reminds us that apologizing requires strength and courage.

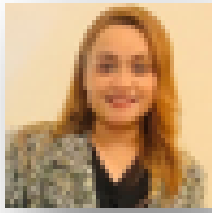
2. Oprah Winfrey once stated, "True forgiveness is when you can say, "Thank you for that experience."

This quote highlights the transformative power of forgiveness and the opportunity it presents for personal growth.

3. Nelson Mandela once said, "Courageous people do not fear forgiving, for the sake of peace."

Mandela's words remind us that forgiveness is essential for fostering peace and harmony.





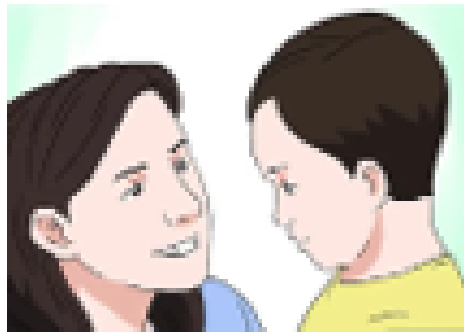
**Deepika Bhasin**  
Moral Education Teacher, CT 7 C  
(Middle School)



*“Teaching children the art of a sincere apology is like planting the seeds of responsibility and empathy, ensuring a beautiful harvest of compassion in the garden of life.”*

As educators, one of our most important responsibilities is not just imparting knowledge but also teaching valuable life skills to our students. Among these skills, teaching children the right way to say "I am sorry" is paramount. It's not just about uttering the words but understanding the meaning and significance behind them.

To begin, it is essential to guide children in assuming responsibility for their actions. Encourage them to engage in self-reflection, pondering their misdeeds and the reasons behind their wrongness. This self-awareness serves as a vital foundation for offering heartfelt apologies. Impress upon them that apologizing is not indicative of weakness but rather a manifestation of their sense of responsibility.



Additionally, stress the value of empathy. Encourage children to contemplate how their actions might have affected the feelings of others. By encouraging them to see things from another person's perspective, they can gain a better understanding of the consequences of their behavior and why an apology is essential.

Guide them in mastering the art of a heartfelt apology. A proper apology should encompass acknowledging the specific wrongdoing, expressing genuine remorse, and, if possible, taking steps to make amends.

Moreover, instill in children the notion that actions carry more weight than mere words. Stress that apologies should always be accompanied by a commitment to change behavior. Motivate them to prove their sincerity through their actions, showing genuine effort in avoiding the repetition of the same mistake.



Finally, impress upon them the significance of forgiveness. Instruct children that, like themselves, everyone is prone to making mistakes. Aid them in grasping the idea that forgiving someone who has offered a sincere apology is an act of generosity and kindness.

In summary, educating children in the proper art of apologizing extends beyond mere manners; it lays the foundation for nurturing responsible, empathetic, and emotionally intelligent individuals. These invaluable skills will accompany them throughout their lifetime, enriching their relationships and playing a pivotal role in shaping a more compassionate and harmonious society. As educators, let us embrace this vital task with enthusiasm, knowing that the lessons we impart today will echo positively in the world they help create tomorrow.





# Academic Resilience in a World of Artificial Intelligence

Indu Krishna, Primary Teacher, Phase II

In an era dominated by rapid Artificial Intelligence (AI) advancements, fostering academic resilience has become more crucial than ever. AI is transforming the landscape of education, automating tasks, and even offering personalized learning experiences. However, as AI's role grows, students and educators must adapt to stay relevant and thrive.

Academic resilience in the age of AI encompasses several key aspects. Firstly, students need to develop a growth mindset, embracing challenges as opportunities for growth rather than fearing automation. Students can remain adaptable and competitive in the job market by continuously upgrading their skills. Furthermore, educators must evolve their teaching methods, integrating AI-powered tools to enhance the learning experience.

Building a strong foundation in critical thinking and problem-solving is another essential component of academic resilience. These skills are difficult for AI to replicate, and they empower students to navigate complex, AI-influenced decision-making scenarios effectively.

Collaboration and emotional intelligence are also vital. AI can assist with information retrieval, but human interaction and emotional support remain irreplaceable. Teaching teamwork, empathy, and technical skills prepares students for AI's collaborative future.

In conclusion, academic resilience in the AI era involves embracing change, cultivating critical thinking, and nurturing emotional intelligence. By doing so, students and educators can harness the potential of AI as a powerful tool to enhance, rather than replace, the educational experience. In this way, AI becomes a catalyst for growth, not a threat to academic success.



## Educating Children to Self-Protect Against Bullying

Sana Moin, Parent of Affan Ul Haque (IV J)

Bullying is a pervasive issue in schools and can have detrimental effects on a child's emotional and psychological well-being. To combat this problem effectively, it is essential to educate children on how to self-protect against bullying.

Firstly, fostering open communication is key. Encourage children to talk about their experiences and feelings, emphasizing that it's okay to seek help. Building trust with teachers, parents, or guardians creates a support network that children can rely on when faced with bullying.

Teaching assertiveness skills is another crucial aspect. Children need to learn how to assertively and confidently stand up for themselves without resorting to aggression. Role-playing scenarios can help them practice these skills in a safe environment.

Promoting empathy is equally important. When children understand the impact of their words and actions on others, they are less likely to engage in bullying behaviour. Teaching empathy helps create a more compassionate and inclusive school environment.



Cyberbullying is a growing concern, so educating children about responsible online behaviour is vital. Encourage them to think before posting or sharing anything online and to report any cyberbullying they encounter.

Lastly, building resilience is key to self-protection. Children should learn how to bounce back from bullying incidents, understanding that they are not defined by their experiences. This can be achieved through supportive counselling and programs that focus on emotional well-being.

In conclusion, educating children to self-protect against bullying involves fostering communication, teaching assertiveness and empathy, addressing cyberbullying, and building resilience. By empowering children with these tools, we can create a safer and more supportive environment for them to thrive in and reduce the prevalence and impact of bullying.

# Is Your Child Being Bullied?

Parent of Miyaz (Grade2) and Husain (KG1)

Bullying happens at all ages and levels. Bullying is a big problem that affects lots of kids. Most kids say they have been bullied or teased. Being bullied can make kids feel really bad, and the stress of dealing with it can make them feel sick. What do you do if someone is bullying your kids? My advice is to educate our kids to self-protect against bullying.

Tell your child not to give the bully a chance. Avoid the bully as much as they can. Train your child to be brave or sometimes, acting brave is enough to stop a bully. They need to tell the bully "No! Stop it!" in a loud voice. Then walk away, or run if they have to.

Ask them to feel good about themselves. Nobody's perfect so ask them to be positive in what they are doing.

Two is better than one if you're trying to avoid being bullied. So ask your kids to walk with a friend or two on the way to school, recess, lunch, or wherever you think they might meet the bully.

Ask them to ignore the bully by pretending that they don't hear them and walk away quickly to a place of safety.

Tell them not to bully back. Don't hit, kick, or push back to deal with someone bullying. Fighting back just satisfies a bully and it's dangerous, too, because someone could get hurt. And your kids also likely to get in trouble.

Ask them not to get angry or showing they're upset. Train them to distract themselves (counting backwards from 100, spelling the word 'turtle' backwards, etc.) to keep their mind occupied until they are out of the situation.

Bullying can be a nightmare but there are things we can do to prevent it. As a parent, we need to understand our children by having a healthy conversation and be friendly with them to know their mindset on everything. So that we can help them to be a better human and bully-free kid.



# The Ripple Effect of Good Parental Habits on the Family

Swati Sinha, Parent of Aanchal Sinha, Grade XI-C

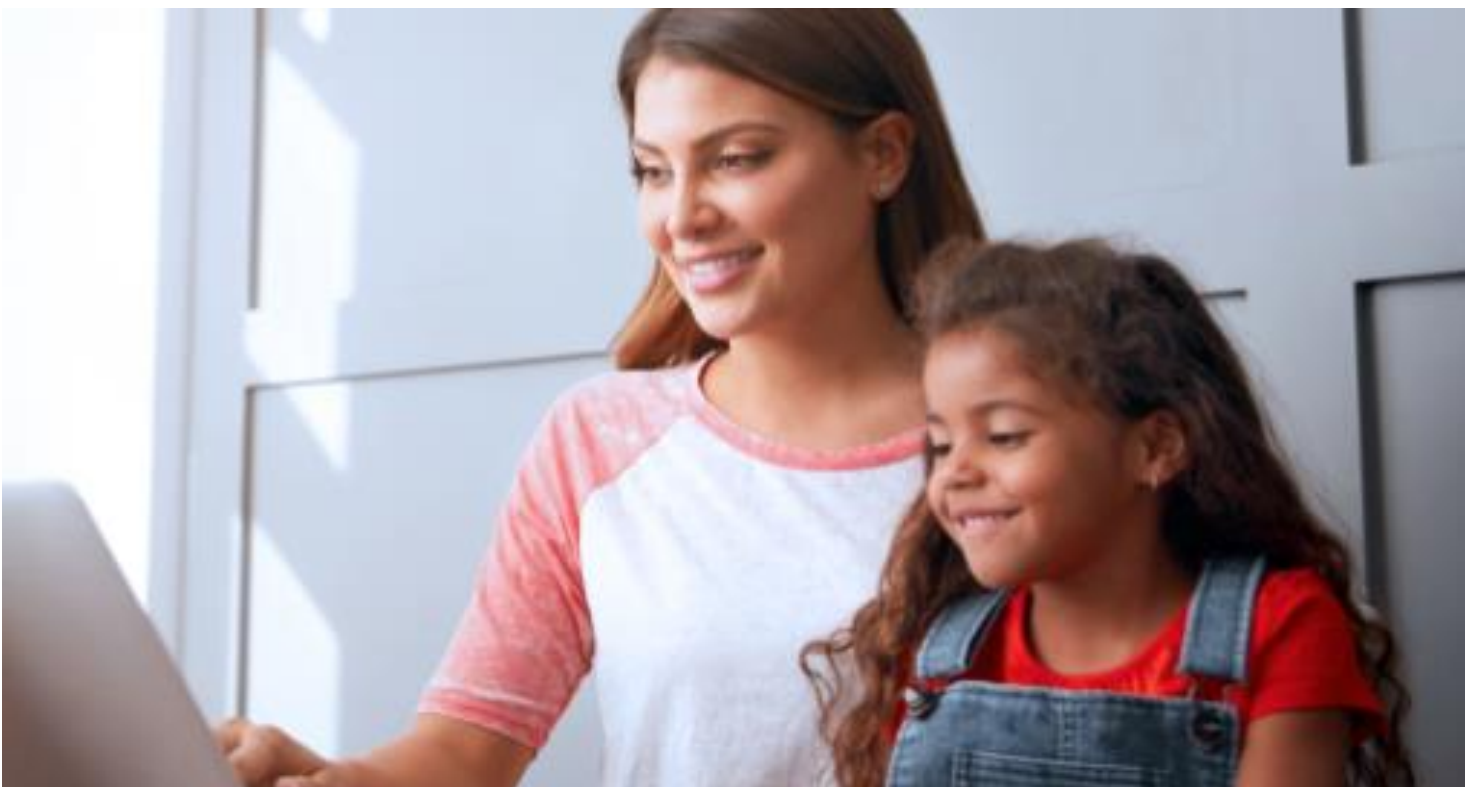
Parents are the guiding lights of a family, and their habits and behaviors often set the tone for the entire household. When parents cultivate good habits, they create a ripple effect that positively impacts every member of the family.

Firstly, healthy lifestyle habits such as regular exercise and balanced nutrition, when practiced by parents, not only contribute to their own well-being but also serve as a powerful example for their children. Children tend to mirror their parents' behaviors, making them more likely to adopt a healthy lifestyle themselves. This not only leads to better physical health but also instills the importance of self-care.

Secondly, positive communication and conflict-resolution skills demonstrated by parents foster a harmonious atmosphere at home. When children witness respectful and empathetic interactions between their parents, they are more likely to emulate these behaviors in their own relationships outside the family.

Moreover, habits like reading, a strong work ethic, and time management, when practiced by parents, instill a sense of discipline and responsibility in children. These skills are invaluable as they lay the foundation for success in academics and later in their careers.

In conclusion, the influence of parents in a family goes beyond their role as caregivers. Their habits and behaviors, whether positive or negative, have a profound impact on the development and well-being of their children. By embodying good habits, parents can create a nurturing environment where everyone has the opportunity to flourish and thrive.



## WHEN PARENTS PRACTICE GOOD SCREEN HABITS, IT RUBS OFF ON THE WHOLE FAMILY



**Divya Manikuttu**  
**Mother of Bhuvanashree, 7 F**



Technology affects everyone's life in some way. Life would be literally difficult without technology because everyone depends on it. The potentials and desires of people are helped by technology. It makes things simpler and is not at all problematic. People's needs have evolved in tandem with the development of technology. Today, technology is ubiquitously present. It's critical to keep in mind that technology might have negative outcomes as well. Its negative effects can have a significant negative impact on the environment. It can interrupt valuable brain-building interactions, causes depression and stress, damages self-esteem, and disrupts attention extent. Every parent knows too much screen time can cause developmental delays and have social implications. Then there are behavioral problems that may arise particularly in children too.

We parents should follow some necessary ways to reduce screen time, not only children. You might have heard and even experienced seeing young kids trying to mimic whatever others' do; in the same approach when we parents follow optimistic habits to reduce screen time, our children too will positively follow them.



These are some ways to reduce screen time:

- Encourage tech-free zones
  - No devices at the table while eating
  - Turn off or silence your devices when they are not in use
  - Pursue offline and outdoor activities
  - Turn screens off one hour before bedtime
  - Take regular breaks, stand and stretch.
- Pay attention to your posture
  - Keep track of your screen time
  - Commit to spend quality time with your family without using electronic devices

When we have followed these methods our children will also mimic it and walk on the same trail. Hence, when parents implement virtuous screen practices, the whole family will continue practicing these good habits. Be a good role model by limiting your own screen time and mold our future generation to be mentally resilient with an enduring healthy lifestyle.



**Neena Manoj**

**Mother of Gayatri Manoj, 6 A**

Bullying is a big problem for many students, it's our job to help them become strong and confident in handling it. But being resilient against bullying isn't just about being physically tough; it's about building emotional and mental strength.



First we should create a space where kids feel safe talking to us. Encourage your child to share their feelings and experiences, letting them know they can always talk to you. This connection with them is incredibly important.

We should make our kids understand what bullying really means. It's when someone hurts them on purpose, over and over again. Also, there are different types of bullying, like when someone uses mean words, hurts them physically, damages their relationships, or does it online. Knowing these types can help kids handle them better.

Instead of being aggressive, teach kids to stand up for themselves in a respectful way. We can practice different situations where they can assert themselves confidently.

Resilience also means being good at solving problems. Encourage kids to find solutions when they face problems or tricky situations. This makes them feel in control and capable.



Lastly, help kids know who they can trust. Make sure they understand that they can always come to you, their teachers, or school counselors for help and support.

By teaching these important skills, we're giving our students the tools they need to protect themselves from bullying. This not only helps them grow personally but also makes our school a safer and more caring place.