

DPSD HERALD  
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# The Impact of AI on Skill Development

Nipun Goyal, XI E



We have always heard that the era of Artificial Intelligence is approaching, and its effects will be immense. But we have not realized that we are already living in this era that is talked about, the era where AI can potentially impact every little aspect of our life. One aspect on which this impact is clearly noticeable around us is skill development. As students that will be a product of age that is here, we can clearly use AI as a big boon to enhance our skills and develop those that will lead the way to a successful and fruitful future, but it is now in our hands to use this technology wisely.

There are multiple skillsets we can focus on, especially in the context of artificial intelligence. But first, we need to understand a much debated but very crucial topic before approaching this subject: automation. Since decades people have stated that AI will cause people to lose their jobs, as it will easily automate their profession and perform their work with productivity. But this is said without realizing one very important thing, that is that AI cannot replace the soft skills and the human touch a job requires. Adaptive learning platforms tailor educational content, virtual reality simulations offer realistic scenarios for communication practice, and virtual assistants aid in honing conversation skills.

Emotional intelligence is fostered through sentiment analysis applications, while collaborative AI tools enhance teamwork and project management. Language learning apps with cultural nuances and interview simulations contribute to cultural competence and job readiness. Real-time translation tools break language barriers, promoting cross-cultural understanding. By providing personalized feedback and diverse learning experiences, AI emerges as a valuable ally in comprehensive soft skills and interpersonal skill development. This basically suggests that AI can make us more fit for professions and irreplaceable, and what appears to be a problem, is in a way, offering a solution to itself.



# The Impact of AI on Skill Development

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Another widespread issue that many have with Artificial Intelligence, is that they claim it will hinder the cognitive development of the students. They claim that students will directly refer to tools like ChatGPT, instead of using their own creativity and research to turn in an assignment or project, and this will lead to a generation of students emerging that is not as intellectually capable as the previous one. But then again this has always been the same for any new technology that has emerged: the way we impact it has on us is in our hands. With the advent of popular search engine Google, and internet access, people had claimed that students having everything available just one click away will hinder their own creative thinking, but this was not the case as we have seen a whole generation of innovators and thinkers who have pushed the world to where it is right now. Similarly, I do not think that even the next generation of students will be any less smart than the previous. Instead of directly copying assignments from tools like ChatGPT, students can use it for them to understand the project and get inspiration for it instead, AI writing tools can provide scaffolding for writing assignments. The perfect example can be me: while writing this article at certain stages I have reviewed it using AI tools to help me correct my grammatical errors if any and take inspiration for certain elements I was missing, while not copying anything from a prompt at all. This in a manner has helped me develop my own prowess in writing. Not only that, it can also help brainstorm ideas and be used by students for personal training and understanding concepts they feel left behind in, that too on their own pace, solve doubts and never get tired of answering questions.

In conclusion, any new emerging technology can be used to provide us a sea of opportunities, if it is used in the right manner. As a student if we use it in a right manner, it can certainly help us propel to new heights, and if we refuse to embrace it, we will be left behind in a world where everyone is equipped to use it and has benefited by how competent it has made them for this world.



# Strategies for Long-Term Financial Success for Women

Mohammad Sharaf, XI-C



In today's age, women have proved to be a significant contributor to the global economy. More and more women are standing up to shatter the old, conservative social order and are looking to find ways to achieve financial stability. These tactics are crucial in empowering women to achieve financial stability.

- Encouraging women to pursue education in high-demand fields and providing access to career advancement opportunities can significantly impact their earning potential and financial stability.
- Mentorship programs and networking initiatives can help women break through barriers in male-dominated industries and establish themselves as leaders in their respective fields.
- Providing support for women entrepreneurs through access to capital, mentorship, and business resources can enable them to establish successful ventures and contribute to economic growth.
- Educating women about investment options and wealth-building strategies can empower them to grow their assets and secure their financial future.
- Creating supportive communities and networks that offer guidance, resources, and mentorship can provide women with the necessary support to navigate financial challenges and achieve their goals.
- Encouraging open conversations about financial matters can help break down stigmas and empower women to take control of their financial futures.
- Advocating for policies that promote work-life balance, such as flexible work arrangements and affordable childcare, can enable women to pursue their careers while fulfilling their family responsibilities.
- Championing equal pay and opportunities for women in the workforce is crucial for closing the gender wealth gap and ensuring financial stability for all.

In conclusion, empowering women with the tools and resources to achieve financial stability is not only a matter of equality but also a driver of economic growth and prosperity. By implementing strategies that focus on education, career advancement, financial literacy, entrepreneurship, supportive policies, and community engagement, we can create a more inclusive and financially secure future for women in the 21st century.

Let's continue to champion the cause of women's financial stability, paving the way for a world where all women have the opportunity to thrive and succeed.

# The Science of Laughter: Exploring the Benefits of Humor on Mental Well-being

Tanvi Singh, IX A



“Laughter is the best medicine in the world, which heals every wound.” Laughter, which is the best expression of joy, is often considered to just be a reaction to humour. It’s a very complex psychological phenomenon of our subconscious mind.

Though being the most commonly experienced phenomenon in our daily lives, it is still one of the least explored topics in science. Various fields like neurology, psychology, and physiology have been trying to explore the mystery behind laughter for a long time.

According to the various research conducted, it has been found that laughter can cure many diseases which the latest medical technology can’t. From the treatment of the common cold to cancer, laughter is beneficial for all. Up to 60% of the diseases can easily be cured with laughter. Laughter is also found to help us deal with hypertension. While taking unnecessary stress, we end up failing to realize how this stress is destroying our health. Health is not just about being disease-free; it also includes having good mental well-being. Laughter helps in reducing the already risen blood pressure due to high stress taken by us, preventing conditions like cardiac arrest by reducing stress hormones like cortisol and epinephrine. Laughter also helps in improving one’s immune system.

Neurology indicates that when a person laughs, their brain releases a special feel-good chemical called “Endorphin.” Endorphins help our body to relieve certain physical pain and improve mood and mental well-being. Laughter also boosts our emotional health by helping us combat anxiety and fear.

Laughter has been integrated into the nature of human beings since the era of hunters and gatherers. One should not just take it as a common experience but rather embrace it and lead a happy life.



# Valentine's Day: Tradition, Trend or Tactical Marketing?

Aarna Arora, IX A



As Valentine's Day draws closer, there's a buzz in the air that you can almost taste, like the sweet anticipation of a romantic rendezvous. Streets transform into vibrant patches of red and pink, practically begging couples and pals to join in the fun. The cafe's flicker with the soft glow of candlelight, echoing with laughter and those meaningful glances that say it all.

But Valentine's Day isn't just about heart-shaped everything; it's got a backstory too. Think back to ancient Rome and the festival of Lupercalia—it's where this whole love fest got its start. Over time, it's morphed into this beautiful celebration of affection that we can't seem to get enough of. And guess what? Businesses aren't complaining either.

As we inch closer to February, it's like the world gets a romantic makeover. Storefronts become magical love dens, decked up with all the symbols of romance one can dream of. And talking of social media, every influencer out there is spinning tales of love, nudging us towards grand gestures or just giving singles a virtual hug.

In the midst of all the usual Valentine's Day stuff, there's this craving for something fresh. You've got these bold retailers who refuse to play by the rules, cooking up the wildest ideas. Think of rose-shaped strawberry ice creams or these crazy intricate love locks—totally out there, right? But somehow, they just work. It's like mixing tradition with a splash of trendiness, and people go nuts for it! Who knew you could make a buck off through love and ice cream?



# International Women's Day

Shreya Suresh Kumar, IX-H



The woman works late at night  
She toils hard with all her might  
She diligently cares for her child  
Puts her to sleep, gentle and mild  
She cooks for her loved ones  
As her own mother did once  
Not a single complaint was heard  
Always criticized but never hurt  
She smiles at all who wish to look  
She doesn't even have time to read a book  
She must always appear ecstatic  
Otherwise, she's 'lazy' and 'dramatic'  
And yet she's got more love to give  
And a burning passion to love and live  
How does she do it?  
If it was me, I'd lose it  
Looked down upon by the world  
Belittling insults constantly hurled  
Always trying, never enough  
Every word sounds rude and rough  
"At least you don't need to worry about money"  
"Why do you even have to worry?"  
And yet they shine like pearls  
Every woman and every girl  
For they are strong unlike any other  
So, love your sister, wife and mother

# Tailoring Learning for SEND Students

By Advait Ganesh

Inclusive education is about ensuring that every student, regardless of their abilities or disabilities, receives an education that meets their individual needs. For students with Special Educational Needs and Disabilities (SEND), tailored learning approaches are essential for their academic and personal growth.

SEND encompasses a wide range of conditions, including dyslexia, autism, ADHD, physical disabilities, and sensory impairments, among others. Each student with SEND has unique requirements, making personalized learning strategies crucial for their success in the classroom.

One of the fundamental principles of tailoring learning for SEND students is recognizing and understanding their specific needs. This involves conducting thorough assessments to identify their strengths, weaknesses, and learning preferences. By understanding these factors, educators can design customized learning plans that cater to the diverse needs of SEND students.



Adapting teaching methods and materials is another crucial aspect of tailored learning for SEND students. For example, providing multisensory learning experiences can be highly effective for students with dyslexia or other learning disabilities. Using visual aids, hands-on activities, and technology-based resources can enhance their understanding and engagement in the learning process.

Moreover, incorporating assistive technologies can significantly benefit SEND students. Text-to-speech software, speech recognition tools, and screen readers can help students with reading difficulties or visual impairments access learning materials more effectively. Similarly, alternative input devices such as touchscreens or adaptive keyboards can support students with physical disabilities in navigating digital learning platforms.



# Tailoring Learning for SEND Students

By Advait Ganesh

In addition to academic support, it's essential to address the social and emotional needs of SEND students. Creating a supportive and inclusive classroom environment where students feel valued and accepted is key. Encouraging peer interactions, providing opportunities for collaboration, and promoting positive behavior can foster a sense of belonging and self-confidence among SEND students.

Collaboration between educators, support staff, parents, and external specialists is critical for the success of tailored learning initiatives for SEND students. Regular communication and sharing of insights can ensure that everyone involved is working towards common goals and addressing individual student needs effectively.

Furthermore, ongoing assessment and monitoring are essential to evaluate the effectiveness of tailored learning approaches and make necessary adjustments. Flexibility and responsiveness to the evolving needs of SEND students are essential for promoting their academic progress and overall well-being.

In conclusion, tailoring learning for SEND students is not just about making accommodations; it's about creating an inclusive educational experience that honors their unique abilities and challenges. By embracing diversity and individuality, educators can empower SEND students to reach their full potential and thrive in both academic and personal realms.



# Valentine's Day

Daksha Nair, IX C



Once upon a valentine  
You came along, my sunshine  
That one day in a year  
Where i can express all my love for you , my dear

Chocolates, teddies, kisses  
Anything today for my Mrs  
Red hearts, pink hearts  
I was first blown away by your smarts

So, this day is special, honey  
It's when my tummy will go fuzzy  
And I know it sounds crazy  
But will you be my valentine, baby?



# A Student's Guide to Acing Your Career Path

Advait Nair, Grade XI-C

Embarking on your career journey can be both exciting and daunting. As a student, you stand at the threshold of countless possibilities, and making the right choices early on can significantly impact your professional future. Here's a comprehensive guide to help you navigate through the maze of opportunities and set yourself on the path to a successful and fulfilling career.

## Self-Reflection and Goal Setting:

Before diving into the professional world, take the time to reflect on your interests, strengths, and values. Consider what brings you joy and satisfaction. Set clear, realistic goals for both the short and long term. Having a sense of direction will make it easier to make informed decisions about your education and career choices.



## Explore Your Interests:

College is a time for exploration. Attend career fairs, workshops, and seminars to gain exposure to various industries. Internships, part-time jobs, and volunteer opportunities can provide hands-on experience and help you discover your passion. Don't be afraid to try new things – it's all part of the learning process.

## Build a Strong Academic Foundation:

While exploring your interests, don't forget the importance of a solid academic foundation. Maintain a good GPA and engage actively in your coursework. Many employers value a strong academic record as an indicator of discipline and commitment.

## Develop Soft Skills:

In addition to your academic prowess, employers highly value soft skills such as communication, teamwork, adaptability, and problem-solving. Engage in extracurricular activities, group projects, and leadership roles to hone these skills. They will set you apart in a competitive job market.

# A Student's Guide to Acing Your Career Path

Advait Nair, Grade XI-C

## Networking Matters:

Establishing professional connections can open doors to opportunities you might not have considered. Attend networking events, connect with alumni, and leverage social media platforms like LinkedIn. A strong professional network can provide insights, mentorship, and potential job leads.

## Craft a Standout Resume:

Your resume is often the first impression employers have of you. Tailor it to highlight your achievements, skills, and experiences relevant to the job you're applying for. Seek feedback from mentors or career advisors to ensure it effectively showcases your qualifications.

## Master the Art of Interviewing:

Develop strong interviewing skills through practice. Participate in mock interviews, seek feedback, and work on presenting yourself confidently. Research common interview questions and prepare thoughtful responses that demonstrate your suitability for the role.

## Continuous Learning and Adaptability:

The professional landscape is constantly evolving. Stay abreast of industry trends, technological advancements, and market demands. Demonstrate a commitment to lifelong learning, and be adaptable to change. Employers value individuals who can evolve with the dynamic nature of the workforce.



# A Student's Guide to Acing Your Career Path

## Seek Guidance from Mentors:

Identify mentors who can provide guidance based on their own career experiences. A mentor can offer valuable insights, share advice, and help you navigate challenges. Building a mentor-mentee relationship can be instrumental in your personal and professional growth.

## Stay Positive and Resilient:

The path to a successful career is rarely a straight line. Be prepared to face setbacks and challenges. Maintain a positive mind-set, learn from failures, and use adversity as an opportunity for growth. Resilience is a key trait that will serve you well throughout your career journey.

Acing your career path as a student involves a combination of self-discovery, skill development, networking, and adaptability. By investing time and effort into these areas, you'll position yourself for a successful and fulfilling professional journey. Remember, your career is a lifelong adventure, and the choices you make today will shape the narrative of your tomorrow.



# The Impact of AI on Skill Development

Raayan Sharma, Grade VIII-I



As AI technologies advance, there is a growing demand for skills related to AI development, implementation, and maintenance. AI powered educational technologies are revolutionizing learning experiences by personalizing content. AI augments human capabilities focusing on the skills such as critical thinking and adaptability in collaboration with AI.



Skill development is crucial in education as it represents learning outcomes and the value of a diploma. Skills range from interpersonal to technical and cognitive abilities, requiring both understanding and practical execution. The rise of artificial intelligence is transforming the workforce, with AI technology becoming increasingly prevalent in everyday life.

Organizations globally are integrating AI into their operations. This shift has significant implications for education and training institutions preparing individuals for the evolving job market. Research and innovative programs are exploring AI's potential and challenges. AI can analyze data to identify skill gaps for academic leaders and refine curriculum. Students still need cognitive, technical, and interpersonal skills for their careers. Proper use of AI can improve learning outcomes and skill development while maintaining academic integrity.

# The Science of Laughter: Exploring the Benefits of Humor on Mental Well-being

Khush Tanna, Grade VIII-I



Laughter is the best medicine. It draws people together in ways that generate healthy physical and emotional changes in the body. Laughter strengthens your immune system, boosts mood, lessens pain, and protects you from the damaging effects of stress. Nothing works faster or more dependably to bring your mind and body back into balance than a good laugh. Humor lightens your burdens, inspires hope, connects you to others, and keeps you grounded, focused, and alert. It also helps you release anger and forgive sooner.

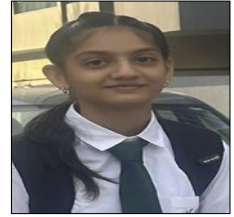


Laughter has been linked to improved immune function and enhanced cardiovascular health. It is an especially powerful tool for managing conflict and reducing tension when emotions are running high. It has been shown to strengthen social bonds and improve interpersonal relationships. It fosters a sense of camaraderie and can diffuse tension in difficult situations. It leads to better communication and increased feelings of connection among individuals.

As children, we used to laugh hundreds of times a day, but as adults, life tends to be more serious. By seeking out more opportunities for humor and laughter, you can improve your emotional health, strengthen your relationships, find greater happiness, and even add new years to your life. There is a lot of evidence based on research that suggests that incorporating laughter into our lives can have profound effects on our physical and emotional well-being making it truly deserving of its reputation as the best medicine.

# STRATEGIES FOR LONG-TERM FINANCIAL SUCCESS FOR WOMEN

Krisha Sharma, Grade VIII-J



Financial success is a diverse concept that combines wealth with wisdom. It is not mainly about accumulating money; rather, it involves how you use the resources acquired. It is important for women because it helps them achieve goals, improve well-being, and contribute to social change. It also helps them to counter the gender gap in income, wealth, and opportunities. Thus, it helps their families, communities, and society at large.



Women have made significant strides in achieving career success, but they still face challenges in accumulating wealth and achieving financial security. According to a 2021 report by the Federal Reserve Bank of St. Louis, women earned 82% of what men earned, but households headed by women had only 55% in median wealth of ones headed by men. This gap in wealth accumulation for women could have profound consequences for their quality of life, especially in times of crisis or retirement. There are strategies that women can adopt to improve their financial well-being and empower themselves. Here are some of the most effective ones:

1. **Create a detailed budget:** Creating and sticking to a detailed budget that tracks income and spending, sets limits for each category of expenses, and distributes a percentage of income to savings and investments.
2. **Build an emergency fund:** It covers at least three to six months' worth of living expenses and can handle unexpected costs or income loss without going into debt.
3. **Invest literacy and education:** It aligns with career goals and interests, increases income potential and financial literacy, and develops skills and confidence for making informed financial decisions.

By applying these strategies, women can not only improve their financial well-being, but also their confidence and empowerment. Financial success for women is not a distant dream, but a realistic and attainable goal.



# Valentine's Day: Tradition, Trend Or Tactical Marketing?

Arav Rastogi, Grade VIII-A

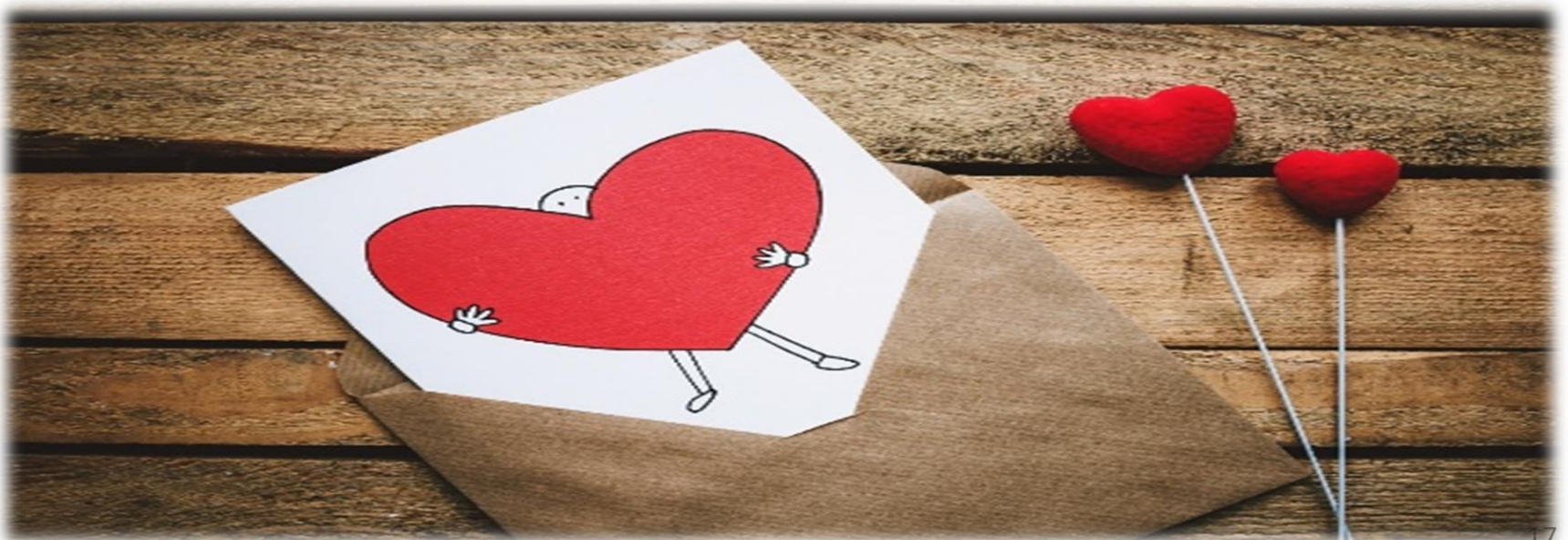


Valentine's Day, celebrated annually on February 14th, has evolved into a multifaceted phenomenon. Originally rooted in historical and religious traditions, it has become a global celebration of love and affection. However, its modern manifestation raises questions about its essence – is it a genuine expression of romantic sentiment, a commercialized trend, or a clever marketing ploy?



For many, Valentine's Day remains a cherished tradition, an opportunity to express love through heartfelt gestures and gifts. Yet, its commercialization is undeniable, with businesses capitalizing on the occasion to boost sales of chocolates, flowers, and greeting cards. From a cynical perspective, it could be seen as a strategic marketing tactic, designed to stimulate consumer spending during a typically slow period.

Ultimately, Valentine's Day encompasses all these aspects: a centuries-old tradition, a contemporary trend embraced by millions, and a strategic business opportunity. Regardless of its origins or commercial influences, its significance lies in the love and connection it fosters among individuals worldwide.



# International Women's Day

Ria Modi, Grade VIII-B



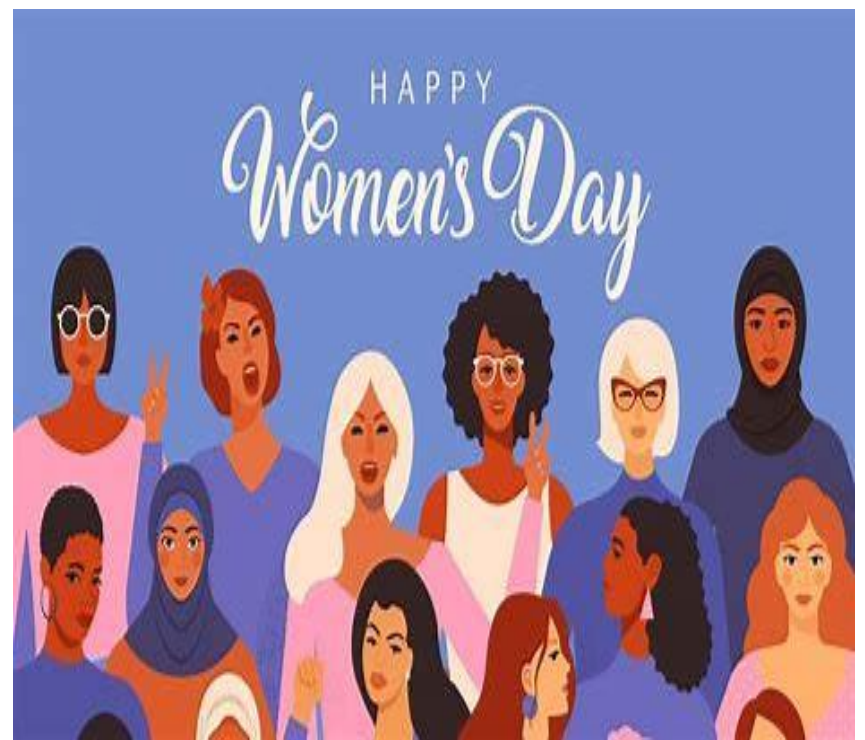
In the heart of March, comes a day we anticipate,  
The day we honor women, strong and great.  
A celebration of their resilience, courage and grace,  
In their stories, lies an unwritten embrace,  
Exhibiting triumphs that even time can't erase.

She is a tigress, a power to behold,  
In the wilderness of life, fearless and bold.  
History has shown us, time and again,  
In moments of adversity, their leadership transcends

In classrooms, offices, homes and streets,  
They rise above challenges, their spirit defeats.  
With voices that resonate, like a powerful song,  
They inspire the world, igniting change along.

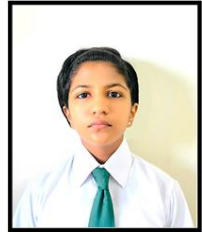
On this day, let's honor the women we know,  
Whose strength and compassion continually grow.  
In unity, we stand, side by side,  
For a world where equality and justice abide.

International Women's Day, a celebration true,  
Of the invincible spirit that resides in you.  
To the women who shape our world with grace,  
May you always shine, in every place.



# We Are All Equal: International Day of Human Fraternity

Advika Binaj, 8 A



The world of today often remains divided by borders, cultures and beliefs that seem like they cannot be eradicated and abolished. In this world, the International Human Fraternity Day serves as a heart-rending reminder to urge us to remember that we all are fundamentally the same. This day emphasizes the need to cultivate understanding, solidarity, and respect among individuals from diverse backgrounds and it revolves around the fundamental equality shared by all human beings, regardless of nationality, religion, race, or gender.

At the heart of International Human Fraternity Day is an unwavering emphasis on unity amid diversity. The purpose is to prompt contemplation on the basic principles of equality and inclusivity, underscoring that each and every person, irrespective of nationality, religion, race, or gender, shares in a common humanity. This celebration becomes a powerful reminder that everyone deserves to be treated with unwavering dignity and respect by educating the public on issues of concern and mobilizing political will and resources to address global problems.



In an era marked by challenges that transcend national boundaries — be it climate change, pandemics, or global conflicts; the critical need for international collaboration becomes ever more apparent. International Human Fraternity Day urges us to rise above our differences and work in concert for the greater good. It acts as a catalyst for forging bridges of understanding and empathy, fostering a shared global citizenship that transcends the limitations of individual nations.

The vision of a world where the principles of equality and fraternity must guide our every action. It calls for the establishment of a future where everyone can thrive collectively in a spirit of peace and unity. It is thanks to this day that humanity is assured with unwavering conviction that everyone is equal, and this shared equality is the cornerstone upon which a harmonious world can be built. <sup>19</sup>

# Valentine's Day

Shubh Rusia, Grade VIII-B

Valentine's Day is here, a day so sweet,  
February 14th, where lovers remember their first meet.  
St. Valentine, a rebel for love,  
Broke the rules, ready to have it rough.

In ancient Rome, he dared to defy,  
Secret love beneath the emperor's eye.  
He was caught and imprisoned, yet he showed his might.  
St. Valentine brought hearts together that were just right.

"From your Valentine," he signed with care,  
A phrase that echoes in the love we all share.  
Roses and chocolates, red and sweet,  
Symbols of love that lovers greet.

In cards with hearts and messages true,  
Expressions of love, for people old and new.  
A day for sweethearts, forever to be,  
Valentine's love, for you and me.



# Celebrating Women's Achievements: Honoring Contributions In Stem

Anshi Bajaj, Grade VII-D



Women are making their mark in the versatile field of STEM, as their achievements are being effectively recognized and awarded. STEM is empowering women, allowing them to excel and show their prowess for science and mathematics such as Dr. Maryam Mirzakhani's work on complex geometry. She won the prestigious Field Prize as a result of her research on elliptic curves.

Dr. Kizzmekia Corbett co-developed the Moderna COVID-19 vaccine, which was instrumental in the fight against the unanticipated COVID-19 pandemic and helped save millions of lives by controlling its spread. Aparna Sinha is the co-founder of Rubrik, a multi-billion dollar cloud data security company.

She serves as an inspiration for aspiring female entrepreneurs and innovators. Dr. Stephanie Burns led the first all-female crew on a SpaceX mission. She is an inspiration and is a testament to the fact that everything can be achieved with a good leader.

All these women faced multiple challenges including gender bias, funding disparities, rejection, salary gaps and underrepresentation. However, they remained resilient and now serve as a reminder that difficulties are stepping stones to success.



# Myths About Mental Ailments That We Need To Stop Believing In

Aarohi Negi, 7 C



Mental ailments are “illnesses” that involve changes in emotions, thoughts, or behaviour, often disrupting social, work, or family life. Some common ailments include anxiety, depression, and autism. Unfortunately, society has created many assumptions and rumours about these conditions that we should consider. These myths lead to misunderstandings and should be disregarded. Some common myths include:

“Mental illnesses are not real illnesses.”

Mental illnesses, such as depression, anxiety, schizophrenia, and bipolar disorder, are real medical conditions with biological, psychological, and social components. Though these ailments may not have a treatment or cure, they are still considered real illnesses.

“People with mental illnesses are weak or lazy.”

People diagnosed with mental ailments may or may not be lazy or weak. However, there are complex conditions that can be influenced by many factors that include genetics, the environment, and life experiences.

“Children don't experience mental illness.”

Many children have been victims of mental ailments and have experienced mental health disorders, such as ADHD, depression, anxiety, and eating disorders. Furthermore, it is essential that children grow up in a healthy environment and are fit and healthy.

“Just snap it out.”

While some individuals may experience temporary symptoms, many mental illnesses are chronic conditions that require ongoing treatment and support. Recovery from a mental illness is not as simple as changing someone's thoughts. Professional treatment, support from loved ones, and self-care are often necessary.



# Myths About Mental Ailments That We Need To Stop Believing In

Aarohi Negi, 7 C



“People with mental illnesses are violent or dangerous.”

The majority of people with mental illnesses are not violent. In fact, they are more likely to be victims of violence from abusive family members or verbal bullying.

“Having a mental ailment means you have lesser opportunities in life”.

With proper treatment and support, many individuals with mental illnesses lead productive lives and are treated just the same as a healthy person. Recovery is possible, and everyone deserves the opportunity to thrive. Addressing these myths is crucial for understanding and supporting individuals living with mental illnesses.



# International Women's Day

Nithara Jyothyshanker, Grade II-E

All wise men say, women always make our day,  
But some unwise men have something else to say  
What can a woman do better than a man,  
Other than cleaning and cooking for him in a pan?  
My teacher and mother make my life,  
Keep me away from all the strife,  
But now as a new dawn rises,  
Woman don't always deal with spices.  
Dominating jobs masculine,  
The men forget about adding rosemary and thyme.  
Dinner is not cooked yet! Men say,  
But make them cook, they take the whole day.  
Problems puzzling man all day,  
Woman solved without a fray.  
Now who can say that women are not  
Smart as a robot.  
I think we men learned a lesson today,  
Not to judge women from this day,  
I know we all learned a lesson today,  
Happy international women's day!





# Valentine's Day

Shubh Rusia, Grade VIII-B

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St. Valentine, a rebel for love,  
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# Fun Section

## International Women's Day

E	Q	E	Q	U	A	L	I	T	Y	E	D
B	E	P	O	W	E	R	F	U	L	D	E
T	A	C	I	I	G	N	K	A	E	U	R
U	L	D	O	N	E	I	R	I	V	C	E
C	R	O	I	N	N	O	G	E	A	A	W
A	L	R	V	D	F	N	K	D	R	T	O
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BRAVE  
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 INTELLIGENT  
 INDEPENDENT  
 CARING  
 POWERFUL  
 CAPABLE  
 KIND  
 EMPOWERED  
 EDUCATION  
 EQUALITY  
 LEADERSHIP  
 LOVING



**Aarav Shekhar, 7 F**

# Guess The Movie Dialogues

**Haripriya Venkatesan, 6 A**



Women empowerment in cinema is an influential theme, resonating with audiences through memorable dialogues delivered by strong female characters. In these 15 iconic lines from English movies, women assert their identities, challenge societal norms, and inspire viewers to pursue their dreams with courage and resilience.

From classics to modern hits, these quotes encapsulate the essence of empowerment, reminding us of the importance of self-belief and determination for women. Let's try to guess them!

1. I am no man!
2. I am woman, hear me roar!
3. I am not a prize to be won!
4. You control your destiny — you don't need magic to do it. And there are no magical shortcuts to solving your problems."
5. I am not afraid of storms, for I am learning how to sail my ship.
6. Fear of a name only increases fear of the thing itself.
7. I am no bird, and no net ensnares me: I am a free human being with an independent will.
8. A woman's place is wherever she damn well pleases.
9. Well-behaved women seldom make history.
10. You have more power than you realize. Don't think, act.
11. You are the gull, Jo, strong and wild, fond of the storm and the wind, flying far out to sea, and happy all alone.
12. The question isn't who's going to let me, it's who's going to stop me.
13. Fear is the relinquishment of logic, the willing relinquishing of reasonable patterns. We yield to it or we fight it, but we cannot meet it halfway.
14. I intend to make my own way in the world.

## Answers:

1. Éowyn – Lord of the Rings
2. Helen Reddy – I Am Woman
3. Jasmine – Aladdin
4. Merida – The Brave
5. Louisa May Alcott – Little Women
6. Hermione Granger – Harry Potter and the Goblet of Fire
7. Jane Eyre
8. Molly Weasley – Harry Potter and the Deathly Hallows
9. Mona Lisa Smile
10. American Splendor
11. Meg – Little Women
12. Fountainhead
13. Nancy – Scream
14. Jo – Little Women.

# Riddles

**Ajith Prabhu, VI-B**

Welcome to the world of mystery and wit! Get ready to exercise your brain and unlock the secrets behind these thought-provoking riddles. Challenge yourself with a collection of mind-bending puzzles that will entertain and stimulate your intellect. Let the riddle adventure begin!

1. Why did the scarecrow become a successful motivational speaker?
2. Why don't scientists trust atoms?
3. What do you call fake spaghetti?
4. Why did the bicycle fall over?
5. What do you get when you cross a snowman and a vampire?
6. What did one hat say to the other?
7. Why did the tomato turn red?
8. How do you organize a space party?
9. What do you call cheese that isn't yours?
10. Why don't skeletons fight each other?
11. Why did the math book look sad?
12. What do you call a fish wearing a crown?
13. What did one plate say to the other plate?

**Answers:**

1. He was outstanding in his field.
2. They make up everything.
3. An impasta.
4. It was two-tired!
5. Frostbite.
6. Stay here; I'm going on ahead!
7. It saw the salad dressing!
8. You planet
9. Nacho cheese
10. They don't have the guts
11. It had too many problems.
12. A kingfish.
13. Tonight, dinner's on me!

# Funny Word Search

H P T T W A C K Y J L F V P B  
X I L J I E Z L S O O R C L G  
M F L W W T C A T L L O H A I  
F C U A H S T C N L I L O Y G  
B F H N R I N E E Y G I R F G  
H E G U L I M I R N H C T U L  
E O L I C O O S C E T N L L E  
E G F L G K V U I K H R E C F  
H H R F Y G L I S C E L I A I  
A T A I B L L E N X A R Q C T  
W M A H N E A E X G R L U K S  
G U F F A W A U S W T D I L I  
T E E H E E T T G P E V R E L  
Y M I R T H F U L H D U K R L  
A M U S I N G S N O R T Y Y Y

<i>Lighthearted</i>	<i>Bellylaugh</i>	<i>Funloving</i>	<i>Jolly</i>
<i>Giggle-fit</i>	<i>Eccentric</i>	<i>Mirthful</i>	<i>Silly</i>
<i>Offbeat</i>	<i>Hilarious</i>	<i>Playful</i>	<i>Grin</i>
<i>Amusing</i>	<i>Chortle</i>	<i>Chuckle</i>	<i>LOL</i>
<i>Titter</i>	<i>Giggles</i>	<i>Frolic</i>	
<i>Guffaw</i>	<i>Snort</i>	<i>Ha-ha</i>	
<i>Snicker</i>	<i>Whimsical</i>	<i>Hee-haw</i>	
<i>Quirky</i>	<i>Cackle</i>	<i>Teehee</i>	
<i>Wacky</i>	<i>Zany</i>		

REVA PUROHIT

KG 2C

DELHI PRIVATE SCHOOL



Remarkable Woman in my life!

SHE IS MY MOM!

Her name is Vidula.


I like her drawings.

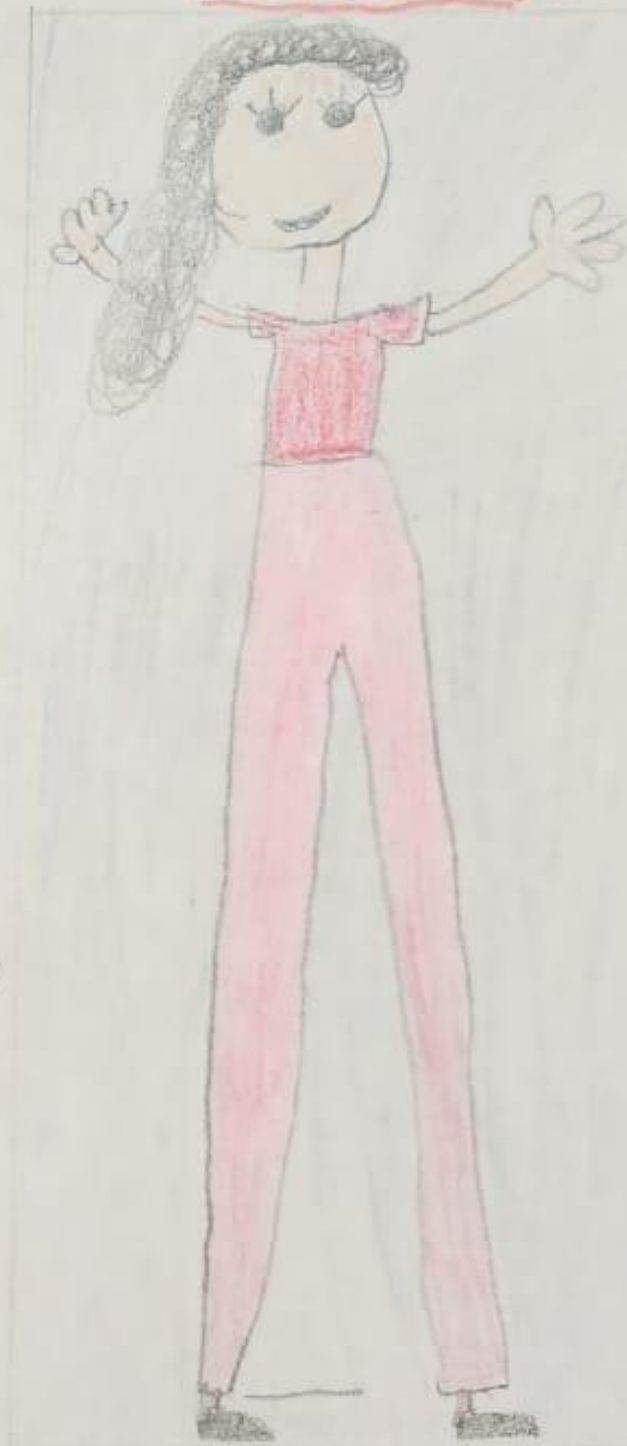
She is the best cook. She takes care of plants and family.

She teaches me many

good things She is

very pretty.

MOM! 



I love her the most!

5.3.2024

NAME : M. NIHAN AHMAD

CLASS : KG - II / C



INTERNATIONAL

WOMEN'S

DAY



"Precious jewels

looks dull,

When WOMAN aura

starts to dwell."

HAPPY WOMENS DAY !!

# Famous Personalities Born in Feb/March

## Rayyan Farris, II-E

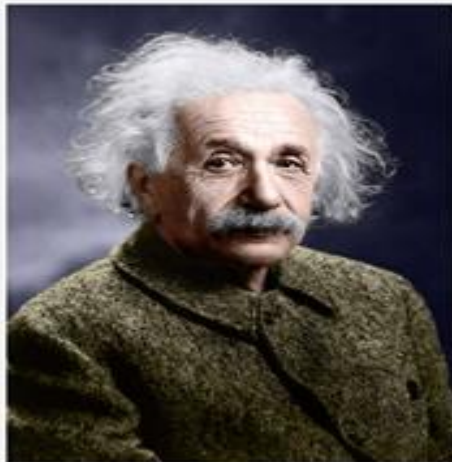
Cristiano Ronaldo Dos Santos Aveiro was born on February 5, 1985. He started playing Football when he was 9. At 15, he was diagnosed with heart disease. He was to either get surgery or could never play football. Because of his love for football, he took risks, and his surgery was successful. Ronaldo has won 33 senior trophies and now he is a famous personality.





# Famous Personalities Born in Feb/March

Aayush Tiwari , Grade: II -I



Albert Einstein was one of the greatest geniuses in the history of science. He was born on 14 March 1879 in Ulm, Germany. Albert Einstein is best known for his equation  $E = mc^2$ , which states that energy and mass are the same thing, just in different forms. Albert Einstein won the Nobel Prize in physics in 1921. Einstein is also known for his left-brain analytical calculations which made him a genius.

## FEBRUARY - MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	1	2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6



Thomas Edison was born on 11 February 1847 in Ohio US. He was the great American inventor and scientist. In 1879 Thomas Edison developed the first light bulb that could be used in homes and last a long time. He built a power station to bring electricity to people's homes using wires.

# Famous Personalities Born in Feb/March

Liyana Jamal Mohammed , Grade I H



H. H. Sheikh Mohamed bin Zayed Al Nahyan is the current President of the UAE, and he is also the Ruler of Abu Dhabi born on March 11, 1961. He dedicated his life to advancing the UAE's social, economic, and cultural development. He believes that true leadership lies in empowering men and women to forge their paths and shape the future of the nation.



## Valentine's Day

**Arshita Rathi, Grade II I**

Little red hearts  
are meant to say,  
I am thinking of you.  
on Valentine's Day!  
I like being friends with you,  
to laugh and play.  
Thanks for your friendship!  
On this Valentine's Day!



# Happy Valentine's Day

Naqiah Kera, Grade II-I



Today it's Valentine's Day, I am going to make cards for everyone.

Valentine's Day it's the best day of the year.

We have a hope that will stay.

We pray that love is everywhere.

Which in this world is very rare.

But I am sure that one day we all will care.

Happy Valentine's Day!



# Happy Valentine's Day

Arihan Roy, Grade II-I



Oh, my super mummy,  
You are a rock star for me.  
On this Valentine's Day,  
I wish to tell you what you mean to me!  
By far, you are the best,  
So much better than the rest,  
I feel loved when you are around,  
You teach me that love has no bounds.  
My super daddy,  
You are my champion.  
On this Valentine's Day,  
You are my closest companion!  
I learn to be patient while keeping cool,  
And that helps to improve my grades at school,  
Nowhere can love like ours be found,  
You teach me that love makes the world go around.

# Happy Valentine's Day, Teacher!

Yashvika, II-I



Every day I come to school.

I spend a lot of time.

Learning all the things you teach,

Which is the reason I'm

Sending you this Valentine.

It's meant to let you know.

I'm happy you're my teacher.

And I want to tell you so!

Happy Valentine's Day

To my favourite teacher!



# The Remarkable Women in My Life

Aadvik Sahoo, Grade I-G



I love my mother and my sister.

They always take care of me when I'm happy, sad, or bitter.

My mother makes the best food.

She always manages to cheer up my mood.

My mother takes me to many places.

I love playing with her and making funny faces.

When I'm sad my mother gives me hugs

She holds my hand when I say I'm afraid of bugs.

My sister is always there for me.

She never fails to make me happy.

She teaches me basketball.

She always picks me up when I fall.

My sister teaches me new stuff.

In front of her, I don't need to act tough.

I love my mother and sister with all my heart.

From them, I never want to be apart.



## **World Water Day**

On World Water Day, we unite to honor our planet's lifeblood. Every drop is precious, every ripple a reminder of our interconnectedness. Let's pledge to conserve, protect, and ensure equitable access to this vital resource. Together, let's sustain the flow of life for generations to come. #WorldWaterDay

Dhir Koul

Grade IV –C

## **World Water Day**

World Water Day: a global call to action echoing the rhythm of rivers, the dance of raindrops. Let's cherish each droplet, nurture every stream, and safeguard the oceans that cradle our world. Together, let's embrace the power of water as a source of life and resilience. #WorldWaterDay

Mayank

Grade IV – C

## **International Women's Day**

International Women's Day: a celebration of resilience, strength, and achievements of women worldwide. Let's honor the trailblazers who shattered glass ceilings, and uplift voices that continue to strive for gender equality. Today, and every day, let's stand in solidarity to create a world where all women can thrive. #IWD

Lohitaksh

Grade -IV C

## **International Women's Day**

International Women's Day: a beacon of empowerment, unity, and progress. Let's amplify the voices of women, celebrate their contributions, and champion their rights. Together, let's build a future where every woman can flourish, unbounded by barriers or bias. #IWD

Chandra

## Thomas Edison (1847-1931)

Have you ever thought how we can see light? How has the world enlightened and how we can see everyone crystal clear? I guess you were on the same page.

Thomas Edison was born on February 11, 1847. He had not been very bright in school but had a high level of curiosity in doing science experiments. When he grew up, he had been asked to make a proper light bulb so that it would glow for a long time, bright enough and not overheat. He tried 4700 different materials including hair from a beard, to find the perfect filament, carbon.

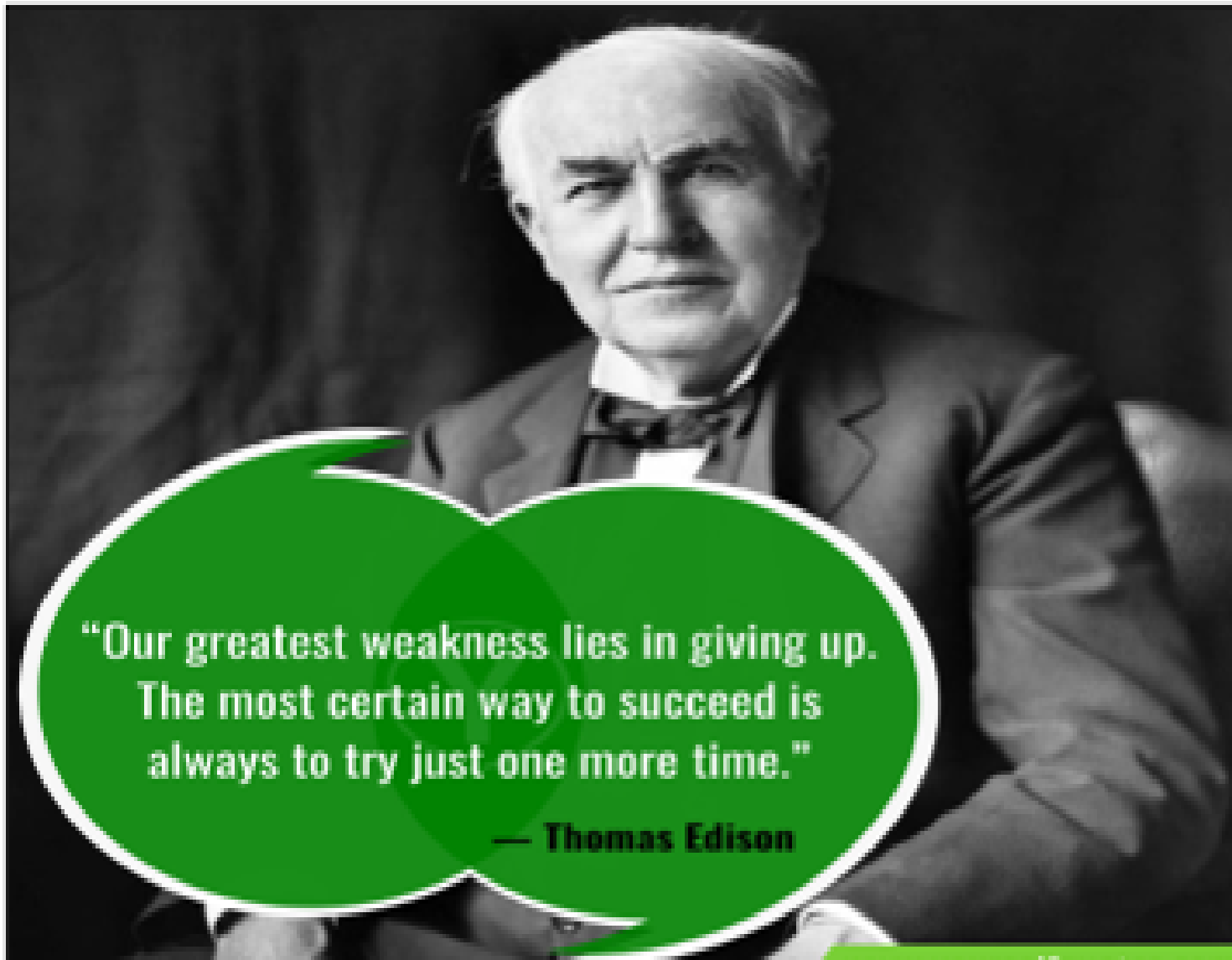
So, friends, if you are interested in having a personality like Thomas Edison, start being curious about science but please do be bright in school!

*If you want to achieve your goals, you must keep your nose to the grindstone and work hard.*



Ephraim Paul

IV - G

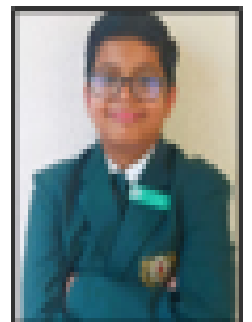




## SMART SOLUTIONS FOR EFFICIENT WATER MANAGEMENT

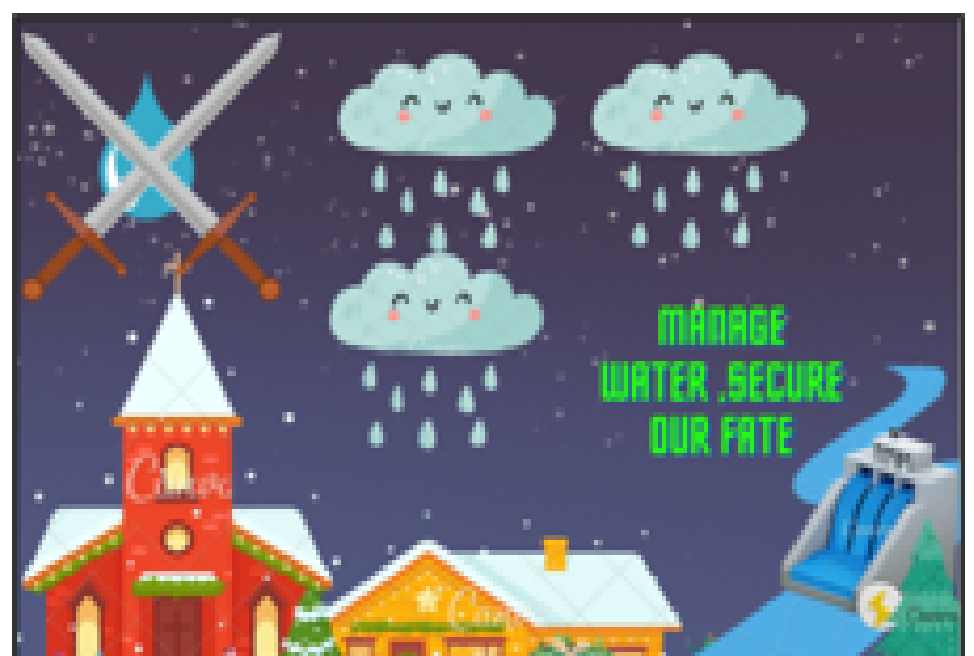
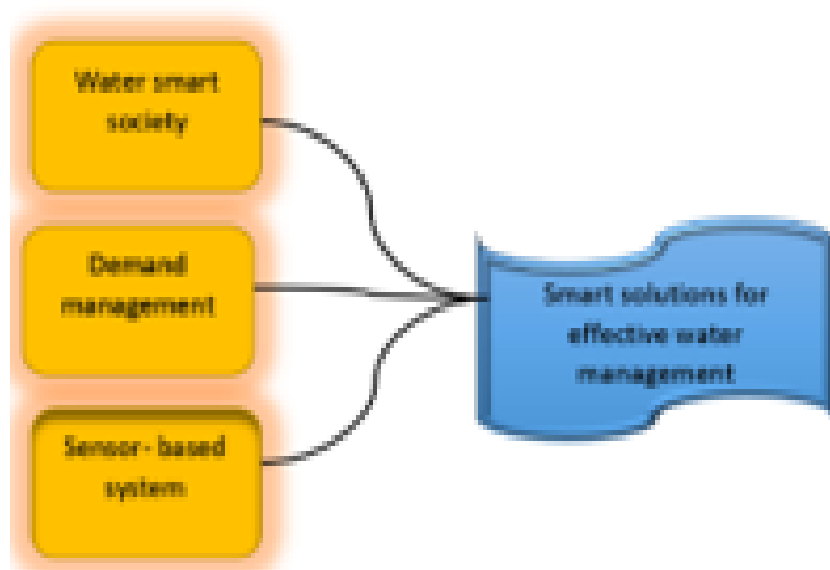
Water resources have been depleting at an alarming rate due to the climate change, growing world population and increasing industrialization. All essential water will be the base for future world trouble and conflicts and the signs are already around us to be seen. Soon water wars will begin.

It is crucial to adopt more innovative and smart solutions to safeguard water. Emphasis should be given to establish Water-Smart Societies to recognize and realize the water security, sustainability and demand management. It encourages the consumers to minimize their consumption, buying water-efficient domestic goods and water metering. Installation of Sensor - based system will target water level monitoring, regulating water flows and leak detection. The data collected through these sensor devices is collected and stored in a database for future use. Adopting smart water management techniques can save money as well as help keep the environment healthy.



VIHAAN BHARDWAJ

IV G



## The Remarkable Women in My life

Over the years, I've had the opportunity to sit and share moments with three very strong, independent thinking females, belonging to three different generations, each with their own distinct strengths, communication styles, and spheres of influence. What a privilege! I spoke some but felt compelled mostly to listen and learn about the real experiences, thoughts, and ideas of these remarkable women. These are none other than my great granny, my granny, and my mother.

It struck me that these women, all different in style, individual strengths, and perspective, each has a unique and essential voice, that needs to be heard! None of them speak for ALL women yet each voice is vital and adds something of great value to any conversation; personal, local, national, or global.

Because of them, I've learned to be independent, brave, and strong. I strive to not only be charismatic but also to spread the same enthusiasm. I have heard



it said that when women do well, everyone does well. I believe it to be true!

Vanya Bali

# Navigating Academic Success, Personal Growth and Wellbeing

By Keira Monto Joseph (Assistant MHEA Club Outreach Officer)

Navigating the complex terrain of academic success, personal growth, and well-being is closely knitted to embarking on a multifaceted journey, requiring a blend of strategic planning, self-awareness, and resilience. At its core, achieving academic success involves more than just mastering content; it demands a holistic approach that integrates intellectual pursuits with emotional and physical well-being.

Firstly, setting clear, achievable goals serves as a compass in the academic landscape. Whether it's aiming for a specific score, securing research opportunities, or honing critical thinking skills, delineating objectives provides direction and motivation.

However, academic pursuits should not overshadow personal growth and well-being. Balancing rigorous study schedules with self-care activities such as exercise, mindfulness practices in creative and skilful extra curriculars, and maintaining social connections fosters resilience and prevents burnout.

Moreover, nurturing personal growth involves continuous self-reflection and embracing challenges as opportunities for learning and development. Cultivating a growth mindset, wherein setbacks are viewed as temporary setbacks and opportunities to further learn and discover new and better opportunities to learn to overcome hardships and challenges, rather than permanent failures, cultivates resilience and fosters a sense of agency over one's academic and personal trajectory.

# Navigating Academic Success, Personal Growth and Wellbeing

By Keira Monto Joseph (Assistant MHEA Club Outreach Officer)

Furthermore, seeking support from mentors, peers, and mental health professionals is vital in navigating the inevitable obstacles along the journey. Establishing a support network fosters accountability, provides perspective and self esteem, as well as reinforces a sense of belonging.

Ultimately, the pursuit of academic success intertwined with personal growth and well-being is a dynamic process, requiring adaptability, perseverance, and self-compassion. By prioritizing holistic development and embracing the journey, individuals can thrive academically while nurturing their overall well-being.



# The Importance of Feedback: How Can Teachers Help Students Receive and Learn from Comments and Critiques

Snehil Varghese

Feedback is a cornerstone of the educational journey, offering students invaluable insights into their progress and areas for growth. Effective feedback is specific, actionable, and future-focused, guiding students towards improvement and success. Teachers play a pivotal role in providing constructive feedback that nurtures student development. By creating a safe and supportive environment for feedback, teachers cultivate a culture where students feel empowered to seek and implement feedback for growth. Encouraging self-reflection enables students to take ownership of their learning journey, fostering a sense of responsibility and self-improvement.

Clear expectations set by teachers help students understand the purpose of feedback and its role in enhancing their work. By communicating what is expected and how feedback can be utilized, teachers guide students towards meaningful feedback implementation. Providing guidance on incorporating feedback into their work equips students with the tools to translate feedback into tangible improvements, fostering a cycle of continuous growth and learning.

In conclusion, feedback is not just about pointing out errors; it is a catalyst for growth and improvement in education. Teachers who prioritize feedback as a tool for student development pave the way for empowered learners who embrace feedback as a stepping stone towards reaching their full potential. By implementing strategies that support students in receiving and learning from feedback, educators shape a learning environment that promotes resilience, self-improvement, and academic success.

# The Vital Role of Feedback: Empowering Students to Embrace and Learn from Critiques

Ms. Gauri Mishra

- Encouraging Self-Reflection: Prompting students to reflect on feedback enhances their metacognitive skills.
- Fostering a Growth Mindset: Reframing feedback from criticism to constructive guidance empowers students to view challenges as opportunities for growth.
- Promoting Peer Feedback: Integrating peer-review activities provides valuable opportunities for skill development. Peer critiques complement teacher feedback by offering diverse perspectives and insights.
- Celebrating Effort and Progress establishing a Feedback Loop: Acknowledging students' efforts reinforces a positive feedback culture. Establishing a feedback loop ensures continuous improvement.
- Encouraging Dialogue and Clarification: Providing avenues for students to seek clarification through open communication channels for dialogue fosters a supportive learning community.

As William Arthur Ward aptly said, "Feedback is the breakfast of champions," by prioritizing clear communication, fostering collaboration, and leveraging digital tools for e-feedback, educators can create an environment conducive to student growth and success. Effective feedback not only enriches the learning experience but also empowers students to become active participants in their academic journey.

# Building Strong Teacher-Student Relationships: The Foundation For Academic Success

Smitha Varghese, English Teacher, Middle School



Academic success relies on developing strong relationships between teachers and students, creating an environment conducive to learning and growth. These relationships cultivate a positive classroom climate where students feel valued and respected, thus encouraging active participation and engagement. When teachers invest time in understanding their students' unique characteristics and interests, they can tailor instruction to meet individual learning styles, maximizing each student's potential. This personalized approach not only enhances academic achievement but also nurtures students' confidence and self-esteem, laying a solid foundation for lifelong learning.

Effective communication lies at the heart of strong teacher-student relationships, facilitating mutual understanding and trust. Open lines of communication empower students to voice their questions, concerns, and aspirations, while enabling teachers to provide timely feedback and support. By fostering a culture of respect and empathy, teachers can create a safe space where students feel empowered to take intellectual risks and explore new ideas. This collaborative dynamic fosters a sense of ownership over one's learning journey, motivating students to strive for excellence and persevere through challenges.

Beyond academic growth, strong teacher-student relationships play a pivotal role in nurturing students' social and emotional development. By modeling positive behavior and offering guidance, teachers help students cultivate essential life skills such as empathy, resilience, and self-regulation. These socio-emotional competencies not only enrich students' overall well-being but also equip them with the tools needed to navigate life's complexities beyond the classroom walls. Moreover, the ripple effects of these relationships extend beyond individual students, fostering a supportive school community where every member feels valued and empowered to thrive.

In conclusion, the significance of strong teacher-student relationships cannot be overstated in fostering academic success and holistic development. By prioritizing connection, communication, and collaboration, educators can create an inclusive learning environment where every student has the opportunity to excel. As we navigate the ever-evolving landscape of education, let us reaffirm our commitment to nurturing meaningful relationships that serve as the cornerstone of a brighter future for generations to come.



# Tips for Cultivating a Lifelong Reading Habit in Children

Bhavika Chawla, Mother of Tanay Chawla, Grade VII-A



As a fellow parent with a child struggling with homework and exams, I know the struggle is real. Between Olympiads, LIVE!s, and RAREs, carving out time for "fun" reading can feel like scaling Mount Everest. But hear me out – cultivating a love for reading isn't just about leisure; it's about equipping our children with lifelong learning skills.

Here's how I'm navigating this literary adventure with my child:

- 1. Lead by Example:** Let's face it, our kids imitate us. So, ditch the phone for a book in front of them. Show them that reading is a cool, relaxing activity, not just a chore. Join a book club or share interesting articles you've read.
- 2. Make it Relevant:** Remember the pressure of SST and Science textbooks? Balance it with relatable reads. Explore graphic novels based on historical figures they're studying, or science fiction stories that tie into Physics concepts.





# Tips for Cultivating a Lifelong Reading Habit in Children

Bhavika Chawla, Mother of Tanay Chawla, Grade VII-A



3. **Library Adventures:** Ditch the mall, visit the library! Let them lose themselves in the endless aisles, picking favorites based on genres or recommendations from librarians. Turn it into a treasure hunt: who can find the funniest book, the scariest one, or the one with the most colorful cover?

4. **Read Aloud (Together!):** Don't relegate this to bedtime stories. Take turns reading chapters of an exciting adventure book, switching voices for different characters. It's a bonding experience and exposes them to new vocabulary and writing styles.

5. **Celebrate Milestones:** Finishing a book is an accomplishment! Reward their effort with a special dessert, a trip to the bookstore, or simply a heartfelt "I'm proud of you!"

Remember, there's no magic formula. Be patient, experiment with different genres, and don't force it. Soon, you might just find your child curled up with a book, lost in a world far beyond the school syllabus – and that's a victory worth celebrating!



# Sibling Dynamics: Fostering Positive Relationships Amongst Brothers And Sisters

Renu Chandra, Mother of Nivedh Kiran, Grade VII-A



Sibling relationships are a special part of family life. Brothers and sisters can be best friends, but they can also have arguments. Making these relationships strong and happy is important for families. Here are some simple tips to help siblings get along better:

- Communication is key.
- Talking openly and listening to each other's feelings.



These points can help solve problems. Parents can show how to do this by talking calmly and respectfully when there's a disagreement. They can also teach kids to take turns speaking and to try to understand each other's point of view.

Understanding each other is important, too. It means being kind and caring about how your sibling feels. Parents can encourage this by reminding kids to be nice to each other and to share their toys and other belongings. When siblings understand each other better, they can feel closer and happier together. Spending time together as a family can strengthen sibling bonds. Doing fun activities like playing games or going for walks can create happy memories. Parents can plan special family outings or get-togethers to bring everyone together. When siblings have fun together, they can build stronger relationships.

Lastly, supporting each other is crucial. It means being happy for your sibling's successes and helping them when they're sad or struggling. Parents can teach kids to cheer each other on and to offer a helping hand when needed. When siblings support each other, they become each other's biggest fans. Fostering positive sibling relationships takes effort, but it's worth it. By communicating openly, understanding each other's feelings, spending quality time together, and supporting one another, siblings can build lasting bonds that enrich their lives and strengthen their family.

# Sibling Dynamics: Fostering Positive Relationships Amongst Brothers And Sisters

Parul Ahuja, Mother of Jeevika Ahuja, 7 A



Sibling relationships are some of the most enduring and influential connections in a person's life. They normally spend more time with each other during their childhood than they do with parents or anyone else. Sibling relationships are often the longest-lasting relationship in an individual's life. They may also influence one another in much the same way that peers do. These relationships may even compensate for the negative psychological impact of not having friends and may provide individuals with a sense of self-worth. However, nurturing positive sibling dynamics requires intentional effort and understanding.

Some ways are to encourage siblings to express their thoughts, feelings, and concerns openly without fear of judgment and create a safe space where they can communicate honestly. Siblings should also be taught the importance of listening attentively to each other's perspectives. Validate their feelings and experiences to promote empathy and understanding. Additionally, siblings should engage in shared activities, whether it's playing games, or simply spending time together. They should also celebrate their difference and discourage comparisons and foster an environment where differences are celebrated rather than criticized.

In conclusion, fostering positive sibling dynamics is an ongoing process that requires patience, understanding and active participation from parents and caregivers.



# Sibling Dynamics-Fostering Positive Relationships Amongst Brothers and Sisters

Samaksh Pratap Singh -KG II-B



Having siblings can be really special, because they're like friends, and you can always count on them. However, sometimes you may not get along with them perfectly. That's alright. There are some simple things we can do to build a strong bond with our siblings and ensure we have a great time with them. Let's explore some helpful tips to foster positive relationships between brothers and sisters.

Talk nicely to your sibling. It doesn't matter if they're elder or younger than you, you should use kind words to talk to them and listen to their opinions. Solve problems and inconveniences together. If you and your sibling can't agree on a topic, then you should work on a solution together that makes everyone happy. Play together and share your belongings. Spending time with your siblings is important in order to strengthen your bond with them, sharing your toys, playing games, etc. is a fun way to get along with your siblings. Cheer each other on. If your sibling draws cool picture, or win a trophy, don't forget to tell them how awesome they are and cheer them on.

Remember that each of you is unique and special, celebrate each other's differences and strengths. Being a good sibling means being kind, sharing and talking to each other with respect. When you work together and support each other, your bond with your sibling grows stronger, and you can have more fun together. Let's keep being awesome brothers and sisters to each other!



# Sibling Dynamics -Fostering Positive Relationships

Parent of AADRITI KAMATH, KG2B



Sibling Dynamics refers to the relationships and interactions between siblings within the family. Fostering positive sibling dynamics is crucial for their overall well-being and lifelong bonds. Research shows that fostering positive sibling relationships develops pro-social behaviors like helping and sharing.

Here are a few ways of fostering positive sibling relationships.

**Encourage siblings to nurture one another:** Ensure siblings that they care for each other unconditionally.

**Effective Communication:** Encouraging siblings to express their thoughts, feelings, and concerns openly helps build trust and understanding.

**Conflict Resolution:** Teaching children's constructive ways of conflict management enables siblings learn to navigate challenges together and strengthen their bond.

**Fun family activities:** Siblings compete with one another at times and a great way to move away from

**Mutual Respect:** Parents play a crucial role in modeling respectful behavior by teaching children to treat each other with kindness and consideration.

**Encouraging Individuality:** Siblings are unique individuals with their own interests, strengths, and personalities. Encouraging each sibling to pursue their passions and express their individuality fosters acceptance and appreciation within the family.

**Collaboration:** Collaborative activities provide opportunities for siblings to bond and develop teamwork skills.

**Encouraging Empathy and Compassion:** Parents can encourage siblings to consider each other's perspectives, validate each other's emotions, and offer support during difficult times.

**Conclusion:**

Fostering positive relationships between brothers and sisters is a lifelong journey that requires patience, understanding, and commitment from parents and siblings alike. These relationships provide a source of support, companionship, and love that enriches the lives of siblings and contributes to their overall well-being.

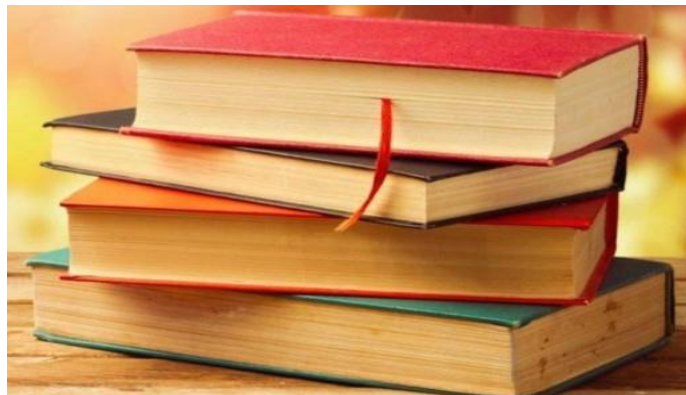
# Tips for Cultivating a Lifelong Reading Habit

Parent of Dharvik Dewan, KG2A



Hey there, little bookworms! Are you ready to dive into the magical world of reading? Reading is like taking a journey to faraway lands, meeting fascinating characters, and discovering new adventures. If you want to become a lifelong reader, here are some tips to help you along the way!

- **Find Books You Love:** Look for books with colorful pictures, interesting stories, and characters that make you smile. Whether it's about animals, princesses, superheroes, or dinosaurs, there's a book out there waiting for you to fall in love with.
- **Make Reading a Daily Habit:** Set aside a special time each day just for reading. It could be before bedtime, after breakfast, or whenever you feel cozy and relaxed. The more you read, the more you'll want to keep reading.
- **Visit the Library:** Libraries are treasure troves filled with endless books to explore. Visit your local library with your parents or caregivers and choose some books to borrow. You can even join story time sessions and meet other book-loving friends.



- **Create a Reading Nook:** Find a comfy spot in your home where you can snuggle up with your favorite books. It could be a cozy corner with soft pillows and blankets or a sunny spot by the window. Make it your own special reading retreat.
- **Read Aloud with Family:** Reading aloud with your family is not only fun but also helps you improve your reading skills. Ask your parents or siblings to take turns reading to you, and don't forget to share your favorite stories with them too.
- **Set Reading Goals:** Challenge yourself to read a certain number of books each week or month. Keep track of your progress with a sticker chart or a reading journal. Celebrate your achievements and reward yourself with a special treat for reaching your goals.

Remember the more you read, the more you will learn and grow. So, grab a book, let your imagination soar, and get ready for adventures in the wonderful world of reading.

Happy reading, little bookworms!!!!

# Building Strong Teacher-Student Relationships: The Foundation for Academic Success



Ms.Devipriya Ramesh Phase 1 – Kindergarten

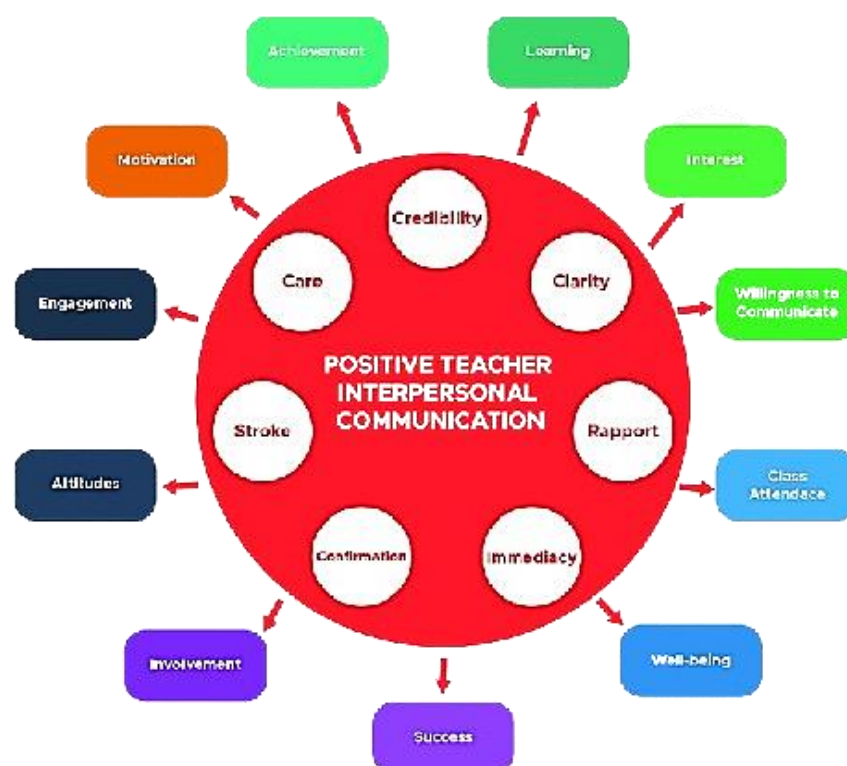
Developing a positive learning environment where students can flourish intellectually, socially, and emotionally requires good teacher-student interactions. These connections foster a sense of community, trust, and respect that goes beyond academic education and increases students' drive to succeed.

Teachers who take time and make the effort to develop deep connections with their pupils foster a nurturing environment where students feel respected and understood. In today's diverse classrooms, where students come from a variety of backgrounds and experiences, this connection is extremely important.

Good communication is also essential to develop strong relationships between teachers and students. Teachers can show empathy and establish trust with their students by paying attention to what they have to say, knowing what each student needs individually, and giving timely feedback. Maintaining open channels of communication fosters a collaborative learning environment by enabling students to express their worries, pose inquiries, and request help when necessary.

Recognizing each student's distinct skills, interests, and learning preferences is another important part of developing a rapport with them. Teachers can improve engagement and build a stronger bond with their students by customizing instructions to match each student's requirements and incorporating their hobbies into the curriculum.

Positive relationships between teachers and students have been repeatedly demonstrated to have a major impact on students' behavior, academic performance, and general well-being. Pupils who have a positive relationship with their teachers are more likely to participate fully in class, attend regularly, and perform at higher levels.



# Sibling Rivalry: From Squabbles to Support - Fostering Positive Relationships Between Brothers and Sisters

Sameer A Reeshi, Parent of Rayan Sameer Reeshi Gr- I H



Our Children may squabble over toys, bicker at the dinner table, and seemingly exist in a constant state of “Sibling Rivalry. But beneath the surface, their bond holds immense potential for lifelong friendship and support. As parents nurturing this relationship is an investment in their future well-being.

“Siblings are our built-in best friends, our confidantes, and sometimes, our arch-nemeses. Sibling dynamics can be a rollercoaster, filled with love, laughter, and yes, the occasional fight over the remote. But amidst the chaos lies the potential for a profound and lifelong bond. So, how can we nurture positive relationships between brothers and sisters?

**Building a Foundation of Fairness:**

Equality is key. Avoid comparing siblings and highlight their unique strengths. This fosters a sense of security and prevents resentment. Encourage teamwork and cooperation, teaching them that they're a team, not competitors.

**Communication & Connection:**

Open communication is crucial. Create a safe space for siblings to express their feelings and perspectives without judgment. Encourage active listening and empathy, helping them understand each other's experiences.

**Shared Experiences & Memories:**

Plan activities they can enjoy together, fostering shared interests and creating lasting memories. Game nights, family outings, or even sibling-specific traditions nurture a sense of belonging and strengthen their bond.

**Conflict Resolution Skills:**

Disagreements are inevitable, but teaching constructive conflict resolution is invaluable. Guide them to express their needs calmly, listen actively, and work towards solutions that benefit everyone.

**Celebrating Individuality:**

Recognize and appreciate each sibling's unique personality and interests. Allow them to pursue their passions without pressure to conform. Celebrating differences strengthens their identities while appreciating each other's quirks.

Remember, fostering positive sibling relationships is a continuous journey. With consistent effort, open communication, and a focus on their individual and shared experiences, we can help our children build a lifelong bond that surpasses the occasional squabble.



# Building Strong Teacher-Student Relationships: The Foundation for Academic Success

Atiya Javed Patni, Phase 2



Building strong teacher-student relationships is essential for creating a positive and effective learning environment. These relationships form the foundation for academic success and personal growth. When teachers and students have a strong bond, it fosters an atmosphere of trust, respect, and support, leading to improved student motivation, engagement, and overall achievement.

One of the key benefits of strong teacher-student relationships is the creation of a safe and nurturing space where students feel comfortable expressing themselves and taking risks in their learning. This sense of security enables students to ask questions, seek help, and engage in meaningful discussions without fear of judgment. As a result, students are more likely to actively participate in class, leading to deeper learning experiences.

Moreover, when teachers invest time in getting to know their students on a personal level, it can have a significant impact on their academic performance. Understanding each student's strengths, weaknesses, interests, and challenges allows teachers to tailor their instruction to meet individual needs, leading to greater learning outcomes.

In conclusion, strong teacher-student relationships are the cornerstone of academic success. By fostering an environment of trust, respect, and support, teachers can create a space where students feel valued, motivated, and empowered to reach their full potential. It is through these meaningful connections that students can thrive academically and personally, setting the stage for a lifetime of achievement.



# Tips for Cultivating a Lifelong Reading Habit in Children

Sony Francis, Mother of Riya Gloria Francis, Grade IV-A



"A book is a dream that you hold in your hand." - Neil Gaiman

Embarking on the journey to cultivate a lifelong reading habit in children is a thrilling adventure, a passage to the unknown world where dreams take flight and knowledge blossoms.

Imagine creating a haven where every book is a portal to adventure, knowledge, and dreams waiting to unfold. This doorway into the reading world is a habit that cannot be forced but cultivated right from the foundational age.

The first step is to create a conducive environment by having a variety of age-appropriate books easily accessible. Reading bedtime books aloud instils a love for storytelling and makes it a bonding experience. Encourage curiosity and the love of reading by letting kids choose books based on their interests.

Let the magic of storytelling weave a connection between you and your child, fostering not just reading skills but also a profound love for narratives.

Picture the magic of sharing timeless classics like "Harry Potter" or "Ruskin Bond", where friendships are built, perseverance prevails and courage triumphs. These books not only captivate young minds but lay the foundation for a love of storytelling. Create a haven of diverse literature with the enchanting tales of Roald Dahl or the whimsical adventures of fairy tales unlocking the doors of imagination.

As we guide our young minds through the realms of classics and contemporary books, we not only nurture skills but also ignite a flame that fuels curiosity, empathy, and a thirst for knowledge. There's nothing more interesting for kids than when it comes to reading their favourite books.

So, let us continue this literary quest, weaving enchanting stories, for in the magic of books, we discover the keys to unlocking the boundless potential within every child. Together, let us sow the seeds of a lifelong legacy that echoes through the ages.

"A journey of a lifetime starts with the turning of a page." - Rachel Anders



# Siblings Dynamics: Fostering Positive Relationships amongst Brothers and Sisters

Rathibha Mohan , Mother of Sradha Rahul Nair, Grade IV A



Sibling relationships are a unique and integral part of our lives, shaping our early experiences and influencing our emotional development. Fostering positive dynamics among brothers and sisters not only contributes to a harmonious family environment but also lays the foundation for lifelong connections.

Each sibling is a unique individual with distinct personalities, interests, and temperaments. Teach conflict resolution skills, emphasizing compromise and active listening to prevent misunderstandings. Encourage siblings to engage in activities they both enjoy, fostering a sense of camaraderie. Whether it's playing games, pursuing hobbies together, or participating in family outings, shared activities promote connection. Clear communication reduces misunderstandings and creates a sense of security within the sibling relationship.

Parents play a pivotal role in shaping sibling dynamics by avoiding favoritism. Treat each child with equal love and attention, acknowledging their individual achievements. Teach them relationship skills emphasizing compromise, communication, and finding common ground.

Encourage siblings to express their feelings constructively and work towards solutions together. Celebrate each sibling's achievements, both big and small. This helps build self-esteem and encourages siblings to take pride in each other's successes. By fostering mutual respect, encouraging shared activities, and addressing conflicts constructively, families can create an environment where brothers and sisters develop strong, enduring relationships that last a lifetime.

